



News Notes

#1114 A weekly bulletin for residents of Auroville 15 January 2026



Photo by Alexey

It is the Divine who is the Master—the Self is inactive, it is always a silent wideness supporting all things—that is the static aspect. There is also the dynamic aspect through which the Divine works—behind that is the Mother. You must not lose sight of that, that it is through the Mother that all things are attained.

Sri Aurobindo, The Mother with Letters on The Mother

Pondering



Relation with the outer world must be maintained but all that must remain on the outer surface. You should live within, close to the Mother and watch everything from there—this is what is wanted. It is the first step of the Karmayoga. Then from within conduct all external work with the help of the Mother's force. This is the second step. If you can do this, then you will not have any further trouble.

*Sri Aurobindo, Writings in Bengali and Sanskrit,
Letters on Yoga (Letters to S.)*

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About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

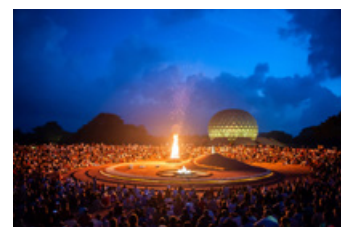
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Katia (AgniJata) & Alexey
NewsAndNotes@auroville.org.in

The Last Moment

LAND FUNDRAISERS' New Year's Card 2026

Dear Friends, every year we derive much joy in creating a meaningful New Year's greeting card with striking photos and quotes. This year's beautiful card is available free of charge in Auroville's Town Hall lobby and at the Visitors Centre Information Service.



If you would like to receive the printed version of this card by post, please write to us at lfau@auroville.org.in. We would be happy if you could share our card widely. We thank all the photographers, present and past, whose images adorn our card. May 2026 prove to be a year of further progress on the sunlit path for us all, for Auroville, and for its completed and unified material land base.

[Kindly download your PDF here](#)

Aryadeep, Mandakini & the Land Fundraising team

House of Mother's Agenda



Thy voice carries the sound of infinity,
Knowledge is with thee, Truth speaks through thy words;
The light of things beyond shines in thy eyes.

But where is thy strength to conquer Time and Death?
Hast thou God's force to build heaven's values here?

For truth and knowledge are an idle gleam
If Knowledge brings not power to change the world,
If Might comes not to give to Truth her right.

A blind Force, not Truth has made this ignorant world,
A blind Force, not Truth orders the lives of men:
By Power, not Light, the great Gods rule the world;
Power is the arm of God, the seal of Fate.

O human claimant to immortality,
Reveal thy power, lay bare thy spirit's force,
Then will I give back to thee Satyavan.

Or if the Mighty Mother is with thee,
Show me her face that I may worship her;
Let deathless eyes look into the eyes of Death,
An imperishable Force touching brute things
Transform earth's death into immortal life.

Then can thy dead return to thee and live.
The prostrate earth perhaps shall lift her gaze
And feel near her the secret body of God
And love and joy overtake fleeing Time."

Sri Aurobindo, Savitri

Book Ten: The Book of the Double Twilight

Canto IV: The Dream Twilight of the Earthly Real

<https://incarnateword.in/cwsa/34/the-dream-twilight-of-the-earthly-real>

Gangalakshmi HOMA



Town Hall Speaks

COMMUNITY ANNOUNCEMENT: Changes in Speed Limit and Parking



L'avenir d'Auroville

L'avenir d'Auroville would like to inform the community that the Crown Road is now officially designated as a No Parking Zone. The speed limit within the entire City Area is fixed at 20 km/h, effective immediately.

All motorised vehicles must be parked either in the parking area in front of the Solar Kitchen, along the radial roads, or in designated community parking areas. Kindly avoid leaving vehicles anywhere along Crown Road.

In addition, the City Area is being designated as a No Horn Zone. Appropriate signboards will be installed at key locations to inform residents, workers, and visitors, and we request everyone's cooperation in maintaining a quiet, safe, and peaceful environment.

We are also working on issuing ID cards equipped with QR codes for Aurovilians, Newcomers, Volunteers, Interns, Guests, Foundation Staff, and Auroville workers. This system will help regulate and minimise unnecessary motorised traffic within the City Area.

We strongly encourage everyone to transition toward electric vehicles, as preparations are underway to fence the Outer Ring Road and regulate access through four controlled entry points. As part of this long-term initiative, fossil-fuelled vehicles will eventually not be permitted to enter the Auroville City Area, except for construction activities and essential service providers. Suitable parking spaces for all other fossil-fuelled vehicles will be provided at the four service nodes.

Your understanding and cooperation are essential in our collective effort to make Auroville a cleaner, safer, and pollution-free environment.

Joel for ATDC—L'avenir d'Auroville team

Community News

Obituary



REMEMBRANCE OF THOSE WHO DIED 2025

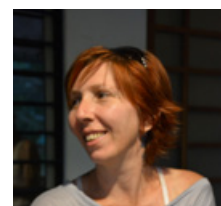
Jean-Marie Lanthier
Donald "Don" Kelman
Daniel Emdin
Merry Cook
Stephanie Bussmann
Jean-Claude Bieri
Walter Wagner
André Hababou
Boris Verjoutsky
Dominique

Halyna "Galyna" Kubarchuk
Julius "Juuls" Johannes G. Trauwaen
Ricardo "Yehovind" Martinez Delgado
Lakshmi
Colleen Pouyer née Witdiz
Vladimir
Vittorio "Vijay" Gresele
Roy Chvat
Young He
Alexander Mangano
Thomas Dreyer
Zdenko Borbas
Manuel Thomas
Shirpa Di
Joya Diane Skye
Snehalata Y. Koechlin
Charlotte Ljungquist Alpas
Anand Prasad
Basile Vignes
Nadine Fabret
Prof. Eugene Liven d'Abelardo
Sadhana Ragesh Goswami
Kuppan
Anne Goldsmith
Kalavathy

~ OM MA ~
Submitted by Lisa

IRA: GONE TOO SOON

Dear Aurovilians, dear friends, this is to inform the community that Ira, Irina Zhovtan, passed away early morning on 6 January 2026, following her battle with breast cancer. Ira passed away peacefully at home with family and friends at her side.



Ira was born on the 5 December 1982, Sri Aurobindo's Mahasamadhi day. She came to Auroville in 1992 with her parents and brother. She studied in various Auroville schools and later herself worked with children in Pre-creche and at New Creation School. Caring for children, being attentive, supportive and involved in the lives of those around her was her nature.

She worked in various places and was involved in community life—including Auroville Bakery, Nandini and its Tailoring Section.



Ira was a loving mother to her two children. Above all, we will remember her for her kind, attentive, and strong heart, and for the gentleness and humanity with which she related to people and to our community.

We are grateful to everyone who was close to Ira and who supported her and our family.

Ira will forever remain a part of Auroville and our hearts. We believe that her soul has continued its journey to the light.

The cremation took place at the Auroville Burial and Cremation Ground on 11 January 2026, Sunday afternoon.

With love, Tanja, Vasyl, Dima, Zenas, Aleysha, Ritam, Ksusha, Alyssa and Kanav
Submitted by Annemarie

MAGDA DE RIDDER passed away

This is to inform the community that Magda De Ridder passed away at home in Arati in the morning of 12 January.



From Mass Bulletin

Matrimandir News & Schedules

BRIGHTEN THE INNER LAMP

Auroville Marghazhi Mahotsav '25-26

Sunday, 18 January, 4:45pm
@ Matrimandir Amphitheatre

*In the kingdom of the lotus of the heart
Love chanting its pure hymeneal hymn
Made life and body mirrors of sacred joy
And all the emotions gave themselves to God.*

Sri Aurobindo, Savitri

Offering of Tiruppavai—Hymns of Saint Andal

A collective offering of hymns by school children as a token of gratitude to the Divine Mother.

Tiruppavai consists of 30 short poems for recitation, a tradition of Tamil heritage and culture.

The verses are considered to contain the essence of the Vedas and describe the path to reaching the Supreme Soul.

- **Entrance from the Office Gate at 4:30pm.**
Last entrance for guests at 5pm.
- **Guest are requested** to carry their Aurocard with them.

Antoine
for Matrimandir Executives

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens only daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11:30am except Tuesday when they can come from 9—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- **Savitri Readings on Tuesday evenings:** Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration.

The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6-8am, 4:30—7:30pm.
- Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to registered Volunteers:

- Wednesday—Monday, 8—8:35am.
- Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:

- Any day except Tuesday & Sunday, 8-8:35am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness.
- Throw pebbles into the ponds and fountains.
- Pick flowers in the Gardens.
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri

5:30—6pm, every **Thursday**
weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 5:30pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:15pm.

Velmurugan for Access team

Awakening Spirit

SAVITRI BHAVAN SCHEDULE, JANUARY 2026

Savitri
B H A V A N

Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- **19 January: Alexandra David Née: 1911—1924 Journey through India, China and Tibet.** Alexandra David-Née (1868—1969) studied oriental philosophy in Paris, read the Gita and the Upanishads, practiced Buddhism, and was the first Western woman to visit Lhasa.

The aim of her journey was to experience the supreme beatitude, which frees one from all attachments, and to see the Land of Snow.

This remarkable woman was a close friend of the Mother in Paris, and visited Sri Aurobindo in 1911. And the 13th and 14th Dalai Lama she met in 1911—1924 during her travels through India, China, and Tibet.

Being a well-educated writer, she described in considerable detail the meetings and experiences she had during her travels. She published a great number of books that became the basis of the present film.

Interestingly, some Aurovilians acted in the film, including Manoj Pavithran playing the role of Sri Aurobindo.

The 2012 film by Pierre Javaux Productions and ARTE France / Fit Productions is in French with English subtitles. Duration: 104min.

- **26 January: Interview with Kireet Joshi in 2013—**Kireet Joshi shares his experiences of regular meetings with The Mother from 18.5.1969 until 8.3.1973 in an interview by Christine. Duration: 43min.

Dream Divine Series

- **Fridays, 4—5pm**
@ Sangam Hall of Savitri Bhavan

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **16 January:** The History of Savitri Bhavan, a recorded video by Helmut
- **23 January:** Interview by Shraddhavan given to a Russian TV crew in 2013
- **30 January:** Divine as a Friend, a power point presentation



Full Moon Gathering

- **Saturday, 3 January, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Savitri Satsang with Narad @ Savitri Bhavan

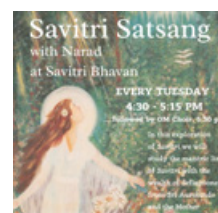
- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri: "Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."



OM Choir

- **Fridays, 6pm**
@ Ashram School, Pondicherry
- **Tuesdays, 5:30pm**
@ Savitri Bhavan, Auroville

The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word. Savitri



Please join us in this collective aspiration, in the form of a united prayer. All are welcome, no prior singing experience required.

OM is the signature of the Lord.

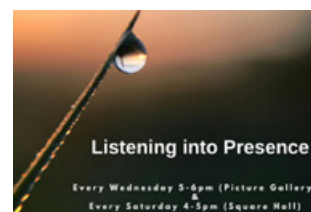
OM: I implore the Supreme Lord.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**
- Guided by Misha (Mike).

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies.

Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.



Talks of Dr. Alok Pandey on Sri Aurobindo's Essays on The Gita.

Wednesdays, 4—5pm @ Sangam Hall

- 21 January
- 4 & 18 February
- 4 & 18 March
- 1 & 15 April
- 6 May



Guided Yoga Nidra session

- Every Tuesday, 11am—12noon @ Sangam Hall

You are warmly invited to a guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey.

This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early. This allows us to honour the stillness and depth of the practice together.

Things to bring: A yoga mat if can or cushions are available to lie down. Conducted by Sunny and Team

Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo's writings with Aikya. Open group, eventually followed by small discussion/ sharing

- Wednesdays, 10:30—11:30am, starting January 7, 2026 @ Savitri Bhavan Library area



Invitation: A poetic stillpoint...

- @ Savitri Bhavan Garden, open 9—5pm.

Inspired by Sri Aurobindo's poem "Invitation," written in 1908–09 in the Alipore prison, Poetry By Design invites you to stroll, pause, recite, read, linger, sketch—or simply BE.

Located in the Savitri Bhavan Garden, open from 9—5pm. Jute mats and a granite bench are available for seating.

- chetana@auroville.org.in



Light and Delight

- Thursdays 5—6:15pm @ Savitri Bhavan

Light & Delight

Meditate on Huta's paintings with lines from Savitri
Write & share your inspired poetry
Thursdays 5-6:15pm, Savitri Bhavan

Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

The Mother called Savitri "the supreme revelation of Sri Aurobindo's vision". She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue Anandi Z.

Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's *Savitri*. This epic poem offers deep insights into consciousness, evolution, space, and time, calling for exploration not only in literature but in science and metaphysics.



The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions will combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more:

- savitribhavan@auroville.org.in,
- www.savitribhavan.org

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Finding the soul (Book 7 Canto 5 of Savitri) led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 11am—12noon:** Guided Yoga Nidra session led by Sunny
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays, 5:30—6:15pm:** OM Choir led by Narad
- **Wednesdays, 5—6pm & Saturdays, 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays, 3—4pm:** Reflections on Sri Aurobindo's Isha Upanishad led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi

New Activity from 7 January 2026 onwards

- **Wednesdays, 10:30—11:30am:** Reading on 'Nature' with Aikya
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan & Dhanalakshmi
for Savitri Bhavan

A weekly study circle on

The Synthesis of Yoga

— Sri Aurobindo

By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location

Monisha

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita Chanting sessions

For queries: vidyamandir@auroville.org.in

Deven for Vidyamandir Auroville Team



LEARN THE 1008 NAMAS (SACRED NAMES) of the "Divine Mother"

Thursdays, 6—6:30pm @ Buvana's house, Certitude

Dear Devotees of The Mother,

Here is an opportunity to learn the 1008 namas (sacred names) of the "Divine Mother", "Sri Lalitha Sahasranamam" weekly on Thursday evenings from 6pm to 6:30pm at Buvana's house in Certitude Community.

- Please contact Buvana 9443703287

Submitted by Grace

BLOOMO! A SOULFUL FLOWER CARD GAME



January 17, February 14, March 14
Saturdays, 4—5:15pm

@ The Mother's Flower Garden, near Solar Kitchen

A soulful, collective experience sharing the spiritual significance of flowers. Enjoy a unique way to connect with nature while nurturing yourself.

Play groups hosts: Chitra (in Tamil) and Purvi (in English) and aiming for a group in French as well. [Join our WhatsApp group](#)

Purvi, Chitra
for The Mother's Flower Garden



AUROVILLE DISCOVERY PROGRAM

For Volunteers, Interns, Staff & Workers

Every 3rd Saturday, 3—5pm

@ Auditorium, Visitors' Centre, Auroville



Aware is hosting a monthly Auroville Discovery Programme for volunteers, staff, and workers who wish to better understand Auroville's purpose, the spirit of work, and meaningful participation.

- **Theme: Work as a means of Inner Discovery**

A short film, practical orientation by Aware, reflections from a seasoned Aurovilian, and open dialogue.

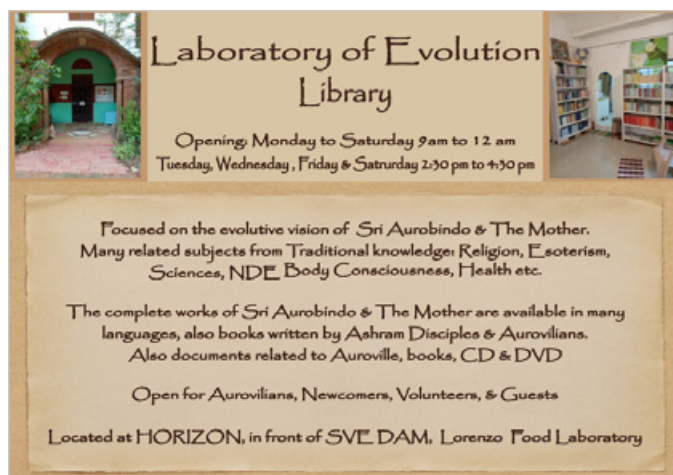
Open to all those working in and contributing to Auroville.

- Registration required. [Link is here.](#)



Lakshay

Books



Kalyani

AUROVILLE LIBRARY

The Library Free Shelf is up and running!

The AV Library has set up a shelf of free books (formerly at the Freestore) for anyone to take and enjoy. It is outside the main library and anyone is welcome to take or drop off books or magazines at their convenience.

We kindly request you to only bring publications in decent condition, and NO waste paper.

Please note that this service is only available during library working hours from

- 9am—4:30pm, Monday—Saturday, except on Tuesday, when we are open in the evenings from 4—6:30pm.

Come visit us! The AV Library is a treasure trove of amazing books.

The Auroville Library is closed for Pongal

- Friday, 16 and Saturday, 17 January

Contacts

- Phone: 0413 262 2894
- avlib@auroville.org.in
- <http://library.auroville.org.in/>



Opening timings

- Mornings: Monday—Saturday, 9am—12:30pm
- Afternoons:
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm
 - Tuesday: 4—6:30pm

Ayesha for Auroville Library team
(Kathrin, Amy, Ayesha, Kalaivani, Vani, Doris, Devna, and Pushpa)

Education

SATORI:

Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

LILALOKA

"A place where play transforms, where joy opens the path."—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

"Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique."

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.

Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- **Daily mornings, age: 1½–3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3–6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6–11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela



LEARNING SPACE

opens doors for kids

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville.

Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment.

As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.

A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey



SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAIER. Our service began in 2015 under the umbrella of the Teachers' Center, SAIER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs. Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on: Academic or behavioral aspects. Referrals for children requiring further medical support or assessment. Advise and help to implement family support. Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity

- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

SRI AUROBINDO AND MOTHER'S THOUGHT in Last School

Last School is happy to open its doors and welcome all those who are interested in exploring Mother and Sri Aurobindo's works.

If you are interested in being part of this initiative and collective learning exploration please register:

- +447515377896 WA or misha@auroville.org.in

Submitted by Jean Yves



TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only. *Ashwini*

FREE

AI CLASSES ARE BACK!

RESTARTING WITH FRESH ENERGY

Every Saturday: 10am to 11am

Location: Hive, Auromode

Registration:

RSVP to +91 98867 40850

Join us on this journey once again!

- Prompt Engineering
- Generative AI (GenAI)
- AI Development
- Data Science

Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

[Location](#)

Contact: +91 9886740850,
auromodehive@auroville.org.in



Dhesh

Health Care

AURODENT CLINIC

For appointment:

- +91 9629199328 WA,
0413 2622063 landline
- aurodent@auroville.org.in



Working Hours: Monday to Friday: 9am—5:30pm

- Saturday: 9am—1pm @ Auromode

Jayasutha for Aurodent

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion.

Available services:

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital

New services: Retina imaging; Intraocular pressure (glaucoma) monitoring; Red Light Therapy for eyes; Dry Eye Therapy

- **Timings:** 9am—5:30pm, **Contact:** 9488005685

Aurosugan for Aurokiya



VISIT OF TIBETAN DOCTOR

This is to your attention that the Tibetan Doctor and the team based in Chennai are visiting us on:

- Thursday, 15 January, 2—5:30pm
- Friday, 16 January, 8:30am—1pm & 2—5:30pm
- Saturday, 17 January, 8:30am—1pm

For your appointment call

- 0413 2622401 or WA to +91 8489067332.

The consultation is held at the Pavilion of Tibetan Culture, International Zone.

Submitted by Kalsang



SANTÉ SERVICES SCHEDULE



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

A short introduction of the Doctors team @ Santé

Dr. Pavan is a Consultant General Physician, Integrative Medicine Specialist (Holistic Approach) trained under Dr. Andrew Weil (USA), Longevity Doctor (helps people live healthier, stronger, longer), Lifestyle Medicine Specialist at Santé since 1.5 years addressing Auroville's General Health needs & strongly impacting preventative health, longevity. In many people, he had proven success in reversing Prediabetes, Type 2 Diabetes, High Blood Pressure, Insulin resistance, High Cholesterol, Hormonal Imbalance, Mental Health with his approach empowering the community which he thinks is already a Blue Zone.

Dr. Sana provides general medical care, chronic illness support, and preventive health consultations at the clinic and via **home visits** four days a week (booked through reception), and is working with an intention to deepen her engagement in palliative care.

Dr. Joseph, studied medicine at State University Moscow and has a private practice in the rural area in Tamil Nadu, Trichy for the last 18 years. Attracted to Auroville to explore a different approach to life and health. He has a certification in diabetology (CCD) and Family Medicine & trained to attend pediatric cases. He is familiar with ultrasound therapeutic equipment for pain relief and is able to perform minor surgeries using the Surgitron (radio wave surgery device).

*Dasha
for Santé Services*

MAATRAM

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm @ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as



- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of:
 - smart phones, social media, video games,
 - eating, porn and gambling.

Clinical Psychologist in Maatram

We are happy to welcome Beatriz to the Maatram team. She is a Clinical Psychologist who brings with her about 30 years of experience in the field.

As Spanish is her first and most natural language, Beatriz will be available and looking forward to offering support for Spanish-speaking community members.

Megha, Raam & Palani



Ingrid T.

MORNING STAR

Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House.

You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.



- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri

- +918940571774 WA or email us at morningstar@auroville.org.in

Little Red Feet

- Tuesday and Thursday, 2:30—4pm @ Humanscapes Hall



Little Red Feet is a parent-baby play and support group for babies aged 0—2 years.

Each session has a gentle theme, with a joyful space for babies to explore and parents to connect. We also have baby-friendly snacks and tea/ coffee for parents. Join us for a nurturing way to celebrate early childhood together.

Savithri & Paula for Morning Star Team
+91 9130084284

Festivals

INVITATION TO THE AUROVILLE FESTIVAL 2026

21 to 28 February

We are pleased to extend a warm invitation to the Auroville Festival 2026, taking place from 21 to 28 February at various venues within Bharat Nivas. It will be a week filled with moments of meditation, workshops, engaging discussions on diverse topics, and daily performances.

We kindly invite Aurovilians, Newcomers, and Volunteers to contribute some of their time and energy towards the organization of this event, assisting with its various facets.

Please email us with your availability:

- bharatnivas@auroville.org.in

Let us come together to joyfully prepare for this event, which will be part of our celebrations for the most precious week of the year: Mother's Birthday and Auroville Inauguration Day.

Janmejaya and Kamala for Bharat Nivas Trustees

Youth Initiative

QUEER BABBLE & HEART CIRCLE

Saturday, 17 January, 5—8pm

@ Youthlink Office, YuvaSangha (Formerly Kailash)



This week we're opening our space for an evening of snacking, laughter, stories, and community with a fun card game—Queer Babble!

We also invite you to join us for a queer Heart Circle, a gentle space to share from the heart and practice active listening. This is a methodology used by different LGBTQ+ communities to connect through radical honesty and vulnerability. Open to all people of goodwill.

Open to all queer folks, allies, and anyone who wants to learn and have fun!

Grab your favorite snack, dress up if you like and join us! Whether you're here to share, listen, or just vibe, it's a space to connect, celebrate, and be unapologetically yourself.

- For inquiries +91 9176122030 WA

Ivy for Youthlink

International

UNITY PAVILION PRESENTS

Unity Pavilion Regular Events

Day Time	Venue	Event Details
Wednesday, 5:30pm	Unity Hall	Sound Bath by Svaram: Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursday, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and experience deep inner peace and calm for awakening within.
Friday, 6pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti: Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturday, 10am	Garden	Kids Art Class by artist Janakiraman: A playful exploration of watercolor techniques for children.

By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao Of Tea—Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. +91 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation. 9699930672 WA

Tao of Tea—Sencha Style Tea Ceremony



• Through appointments only, +91 9385428400 WA
We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available.)

During this rare, transformative experience, you will explore & experience the healing aspects of the tea. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is an “once-in-a-lifetime” experience that will completely change your perspective on how tea-drinking, especially if you are a tea lover. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

The Mother's Symbol, Matrimandir and 12 Qualities



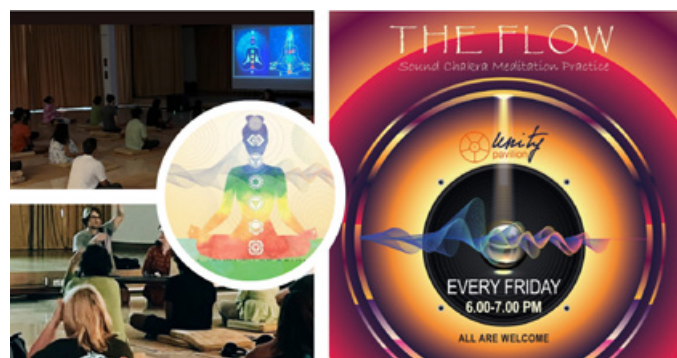
• **Every Tuesday, 5pm**, Weekly Experiential Exploration
Join us for a reflective and experiential exploration of The Mother's Symbol and the 12 Qualities—inner attitudes that support conscious growth, harmony, and collective evolution. These sessions invite participants to engage not only intellectually, but through experience, reflection, and shared inquiry, allowing the qualities to be felt, understood, and integrated into daily life.

The sessions are facilitated by Jaya, who has been working with The Mother's Symbol and the 12 Qualities for many years through research, presentations, and interactive dialogues at Unity Pavilion. **Aurovilians, Volunteers and Guests/Visitors, All Are Welcome.**

The Flow: Chakra Meditation

Connect with the Source and enter the Flow.

• **Friday, 6—7pm @ Unity Pavilion**



Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

Sergei—Electronic Musician, Specialist in Social & Musical psychology

Preeti—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Kids Art Class by artist Janakiraman



Inviting students to form a new group.

- Age: 8 and above, every Saturday, 10:30am—12pm
- Contribution based
- Contact: Janakiraman, 8015362636

◦ Unity Pavilion:
0413 2623576, unitypavilion@auroville.org.in

Preeti for Unity Pavilion,
0413 2623576, unitypavilion@auroville.org.in

FRENCH PAVILION PRESENTS

@ Pavillon de France, opposite the Visitor Center

Discussions



Greek myths as a manual for evolution

• Friday, 23 January, 5—6:30pm @ French Pavilion

The Pavilion of France, in partnership with Ilion, are pleased to invite you to a discussion workshop around Greek myths as a manual for evolution.

"The ego, illusion, mental confinement, and a great trial at the beginning of the path."

Whether you want it or not, you are walking the spiritual path, for it is the path of evolution. However, you may take part consciously... or not.

The ancient Greeks left us an extraordinary manual of evolution, which Sri Aurobindo and the Mother continued.

This Friday, we will explore four myths: Heracles against the Nemean Lion, Bellerophon against the Chimera, Theseus against the Minotaur, and Jason and the Clashing Rocks.

Come and exchange views on some great myths this Friday, 23 January at 5pm.



Games

Sunday Pétanque

• Every Sunday, 4—5:30pm

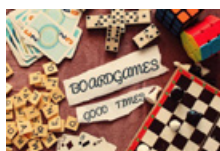
Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun.



Board games:

• Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesday, 4—5:30pm for Board-games. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan

TIBETAN PAVILION PRESENTS

Pavilion of Tibetan Culture: The Library

The Library in Pavilion of Tibetan Culture is open to the public:

• Monday and Tuesday,
9:30am—12:30pm

We look forward to seeing you in the Library.



Wednesday Lhakar lunch continues

A weekly Lhakar Lunch is happening on:

• Wednesday, 12:30—1:30pm

To reserve your seat:

• 8489067332.

Last request receive at 5pm on Tuesday evening.

Kalsang
for Tibetan Pavilion

BROTHERHOOD HOUSE

of International Zone presents

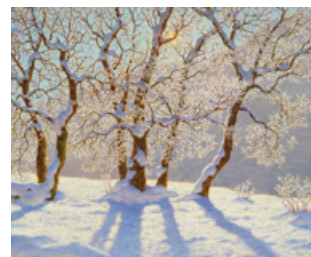
13 December—extended till 30 January

@ Pavilion of Tibetan Culture

Exhibition of Art Prints:

Winter Magical

A glimpse of Nordic Winter—a session whose severity, stark Beauty, and artistic depth have for centuries provided immense inspiration to creative souls.



Helena
for International Pavilions

Theatre, Music & Arts

EXHIBITIONS IN PITANGA

Pitanga Gallery timings:

Monday to Saturday, 8:30am—12pm & 2:30—5:30pm.

Touch Wood by Adil Writer

• Ongoing till 24 January 2026, @ Pitanga
Monday to Saturday,
8:30am—12pm & 2:30pm—5:30pm

Touch Wood brings together salvaged carpentry beams—rescued from Auroville workshops and weathered by South India's monsoons, sun, and wind—with pristine white porcelain forms, soda-fired in Dana at Studio Mandala.

These weathered timbers, meet porcelain surfaces stamped with ancient scripts, or scribbled with text from Savitri, creating a dialogue between what one salvages, and what one creates.

Following The Mother's observation that nothing is ugly if it finds its rightful place, these works celebrate the marks of transformation where opposing natures rest in unexpected harmony, "... the sun-eyed children of a marvellous dawn."

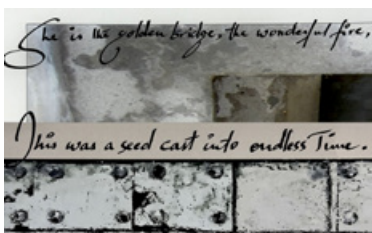
• Closed on Sundays and public holidays.



Savitri Reading at Touch Wood

• 24 January 2026, 3–4:30pm

"The works on the wall at my solo exhibition, Touch Wood, have a single line of calligraphy moving through each image, drawn from Sri Aurobindo's Savitri, ... passages I return to as one returns to a mantra; the text does not explain the image in the frame; it drifts alongside it, ... a continuous gesture of thought.



Everyone is invited to a late afternoon of Savitri reading.

You may bring along your favourite 5 to 10 lines, or read some that are on my artwork, ... or just soak up a winter afternoon with us. Some "favourite lines" will also be printed for ready referral! ;)"—Adil

Touch Wood is currently on show at Pitanga till 24 January. It combines pristine white porcelain with rescued timber, photography & calligraphy.

Origin by Bhavyo

• 30 January—27 February 2026

• Exhibition Opening: 30 January, 2026, 3–5pm

ORIGIN
brush on porcelain, by Bhavyo



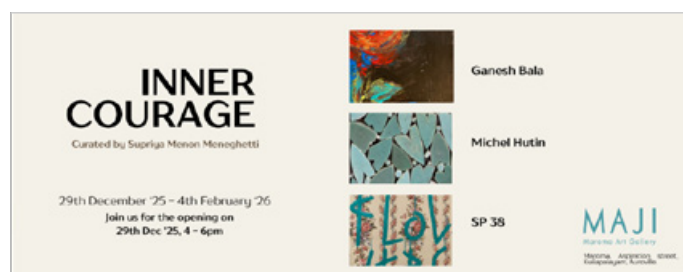
"This body of work was created during a three-month intensive ceramics residency at Taoxicuan Art Avenue in Jingdezhen, China. My aim was to fuse calligraphic and gestural movement with Jingdezhen glazes.

Nature served as my muse; I sketched and researched in pockets of green throughout the city, translating these observations into layered strokes on porcelain tiles.

The diversity of ceramics and access to local techniques and tools allowed me to expand my practice and develop a new series, resulting in over 75 works.

I invite the community to view a selection of these pieces and share a glimpse of my journey in China."

Submitted by Anandamay



29 December—4 February @ Maji gallery

Inner Courage brings together the work of three artists whose practices reflect years of dedication, refinement, and quiet strength. United by a dialogue with nature, as it exists in our everyday life, each artist interprets it through their preferred medium and visual language, with observation, material, and gesture.

Together, these practices reveal inner courage as a quiet yet powerful force—one that emerges through material, language, and an attentive dialogue with nature.

Supriya Menon Meneghetti

CENTRE D'ART

Ok Jeong Lee:

中 and 그 후/ In the Middle and After

• Opening on Friday, 23 January, 4:30pm

• 23 January—11 February

- Tuesday to Friday 2—5:30, Saturday, 10—12:30/ 2—5:30,
- Morning by appointment

As in the fairy tales of your childhood, you walk forward, torn between apprehension and wonder, in the dim light of a forest that filters out the light of the outside world.

Around you hang long strips of cut-up vines made from scraps left over from the manufacture of COVID masks. As you turn a corner, you discover sculptural objects, silky paintings, metal flowers,

hybrid creatures, and strange totems embedded in the fabric vegetation. You become aware of your bated breath, your emotions, the feeling of disorientation, the person ahead of you and the one behind you on the narrow path that Ok Jeong Lee leads you down.

Then the path ends, and you emerge into a bright, vast space. Hundreds of compact discs form sparkling rivers on the ground, an open and refreshing sea.

The artist has scattered the space with inviting benches and seats, all of which are playful and colorful works of art: transparent suitcases for time travelers, woven chairs, and cloud-like foam cushions.

You arrive at home, or rather at her home, in her familiar yet dreamlike universe, where recycled materials speak to crucial themes such as memory, the organization of life and the environment, and the hope for a more spiritual future.

Ok Jeong Lee's installation is a metaphor for the succession of unprecedented crises facing the world, a state of permanent disruption with no apparent end in sight. It explores the capacity of humans, as transitional beings, to evolve and face a process of transformation towards new realities, emphasizing the experience of living a situation from within rather than observing it from the outside.

In this respect, it echoes the Relational Aesthetics theorized by French art historian Nicolas Bourriaud, according to whom works of art, beyond their form or style, contribute to creating new inter-human relationships and a new sensibility.

The space she imagines for us is an invitation to sit down, reflect individually on this journey, and contemplate, in the company of other visitors, a pacified future at the end of the road.

Dominique Jacques

Submitted by Marco



OPEN CALL

for Exhibitions, Activities, Artist Residencies

Every year Centre d'Art organizes art exhibitions, workshops, collective projects, lectures, activities, and invites an artist for a two-month residency.

- Application deadline is 31 January 2026

Here you can find the info:

- for Exhibitions and Artist Residency:
<https://centredart.in/artist-residency-auroville/>

- for Activities:
<https://centredart.in/activities-open-call/>

If you need more info please send us an email:

- centredart@auroville.org.in



Marco

THE GOLDEN FUTURE



We are living in turbulent times, as we all know. However, the good news is that we are moving towards a new fifth-dimensional Golden Age that will be a time of peace and happiness when the world will have changed beyond recognition for the better.

What is a golden age?

A Golden Age is when every person, animal, tree, plant and the land itself radiates a golden aura. Gold is the colour of love and wisdom, so a Golden Age is a time of peace, harmony and abundance, when everyone co-operates for the highest good.



In the coming Golden Age, the air and water will be pure and there will be nutritious food for everyone. New spiritual technology will support us, providing limitless ecological and free power.

In fifth-dimensional consciousness, everything we need will come to us automatically and effortlessly. We will all be attuned to the angelic and spiritual worlds.

Diana Cooper
Submitted by Franz

EXHIBITION:

As in the Great, so in the Small



7 December—27 January
@ Unity Pavilion

Developed during Birgitta Volz's recent residency in Latvia, this new collection includes prints taken directly from large granite boulders—once part of a mountain range long before our time—alongside tree-bark impressions that reveal nature as a living archive.

Priya
for Unity Pavilion

BHARAT NIVAS PRESENTS

Kalaripayattu performance



Submitted by Monisha
for BN Team

Dance Activities

DANCE CLASSES BY MANI

Tango Dance Evenings @ CRIPA

- Tuesdays & Thursdays 7pm @ CRIPA (Small Room)

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Free/ Donation-based
- Guests & Others: Contribution welcome

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes @ CRIPA

- Monday & Friday—7pm @ CRIPA (Small Room)

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Donation-based
- Guests & Others: Contribution welcome

Let's share the joy of dance, connect with positive energy, and keep improving.

8637633696, Mani



AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm: Introduction to Tango
- Wednesday, 7:30pm: Practica
- Friday, 6:30pm: OpenSource
- Saturday: Bi-monthly Milongas

No partner required.
Bring socks or dance shoes.
And plenty of joy!



+91 9821166082,
tango@auroville.org.in,
Aurevan

NEW REGULAR SESSIONS OF DANCE FOR CHILDREN

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries:

- +91 9600225764

Fleur

BHARATNATYAM DANCE CLASSES

Saturday, 10am—12pm,
Sunday, 3—5pm, @ SAWCHU

My name is Caveri Suresh, I'm a Bharatnatyam Dance teacher for 27 years. I would like to share and teach my art form with you all. Dancing was always my great passion. Through the years, I became a skilled professional Bharatnatyam dancer. This form of traditional South-Indian dance art I would like to share with our community from all over the world.



Education: Here are my following education to teach this dance form:

- BPA (Bachelors in Performing Arts)
- MFA (Masters in Fine Arts)
- Tanjore Tamil University TDT (Teacher's Training in Dance).

I would like to offer this class to **Beginners, Intermediate and Advanced students.**

I am already conducting my dance class in Bharat Nivas. This class is an offering for the community; if you feel to make a contribution it is most welcomed. I have taken my students on trips where they experience performing in different venues and famous temples around Tamil Nadu and I intend to continue this.

Caveri Suresh, Diya Dance Studio

Theatre, Music & Art Activities

THETA HEALING SESSIONS

@ Svaram: Calm, Release, Transform

A gentle practice that activates your theta brain waves to:

- Reduce stress & anxiety; Release fear and limiting beliefs; Heal past experiences; Break old emotional patterns; Open blockages

In this deeper state, you connect with your subconscious mind—the place where real change and healing begin.

For appointment

- Please contact 9843191370

Niva

SVARAM ACTIVITIES

Sound Bath & Flower Mandala Creation



Begin the New Year with harmony and beauty. You are warmly invited for a sound bath immersion while creating your own flower mandala, focusing on sound, creativity, beauty, and flowers. "Flowers speak to us when we know how to listen to them."—The Mother

- **Session: 24 January**
- For details, visit svaram.org/events-booking-calendar or scan the QR Code

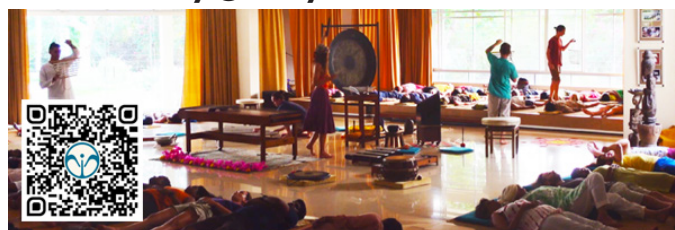
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner. **By Appointment Only**

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- **Every Wednesday, 5:30—6:30pm**
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- **Monday—Saturday, 10:30am—4:30pm,**
- **Sunday, 10:30am—12:30pm**
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

The Path of Nada Yoga



This introductory workshop offers the rare opportunity to familiarise yourself with the ancient philosophy and practice of Nada Yoga (The Yoga of Sound). Under the expert guidance of the Rudra Veena Maestro Carsten Wicke, participants will journey into the subtle realms of sound and consciousness.

- **23—24 January 10am—5:30pm**
- **For details, visit svaram.org/events-booking-calendar or scan the QR Code**

Pongal Celebration 2026—SVARAM Closed



May the warmth of this Pongal Festival fill your life with blessings, joy, prosperity and success. The SVARAM Team wishes you and your family a very happy Pongal 2026!

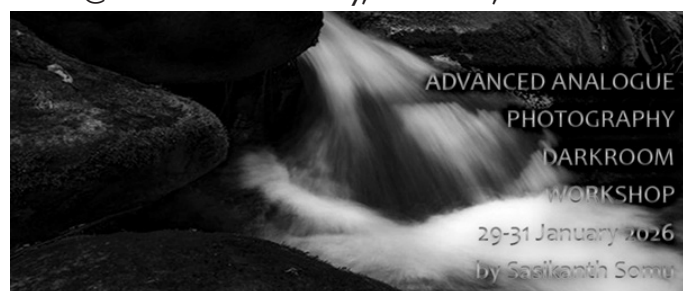
- **16—18 Jan: Showroom & Office Closed**
- **17—18: Sound Garden Closed**
- **We will re-open on 19 January**

Aurelio
for the SVARAM Team

ADVANCED ANALOGUE PHOTOGRAPHY

Darkroom Workshop

29, 30, 31 January 2026 by Sasikanth Somu
@ Centre d'Art Gallery, Citadines, Auroville



Pre-requisite: Basic Analogue Photography Workshop

Program & Timings:

- **Thursday, 29 January, 2—5pm:** Exposure—Exploring light: exposure relationship.
- **Friday, 30 January, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 31 January, 9am—12:30pm & 2—5pm** (one can choose either of these sessions): Photo Printing: Exploring masking, multi-grade filters, burning & dodging.

Registration Contact: centredart@auroville.org.in

Participants are required to be present for all three days.

The workshop fee for Guests: Rs.3000 incl. GST. The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.

All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 9159355809 WA.

The number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number.

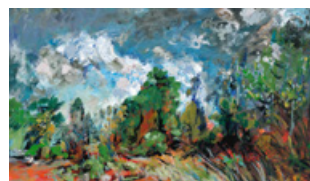
Sergey, Centre d'Art

CREEVA

Center for Research Education Experience in Visual Art

Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 82206 12413



For info contact Sathya:

- +91 9486145072
- sathyacolour@auroville.org.in

Sathya
for CREEVA Art Studio, Creativity

Sports & Martial Arts

BUDOKAN:

Update of the Class Hours and New Activities

Aikido

For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaïso

- Monday to Friday: 8—9am
- Saturday: 9—10am

Yoga

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu

- Saturday & Wednesday (on appointment)

Michaël
for Auroville Budokan, Dehashakti

THE ART OF CHI: STEVANOVITCH METHOD

Classes with Hans

Tai Chi Quan & Chi @ Dehashakti outside

- Tuesday and Friday, 6:30—7:45am

Body awareness & Relaxation

@ Budokan Dojo, Dehashakti

- Wednesday, 5—6:15pm

8110848123 WA, Hans

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual; Short nails, sportswear, and no jewelry; Stay home if you're unwell or have open wounds

- **For updates and participation:**
+91 94873 40778

- For more info contact us:
abhaya@auroville.com

<https://abhayauroville.wordpress.com/>

<https://www.instagram.com/abhayauroville/>

Giacomo for Abhaya



AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Changes regarding Aikido activity

Monday to Friday:

- **Adult class:** 6—7:30am
- **Children class:** 3:50—4:50pm

Saturday:

- **Advanced:** 6—8am
- **Weapon:** 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- **Monday to Friday:** 8—9am
- **Friday:** 5:15—6:15pm
- **Saturday:** 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.



BHARAT NIVAS PRESENTS

Kalaripayattu Regular Class

- Monday to Friday. Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium



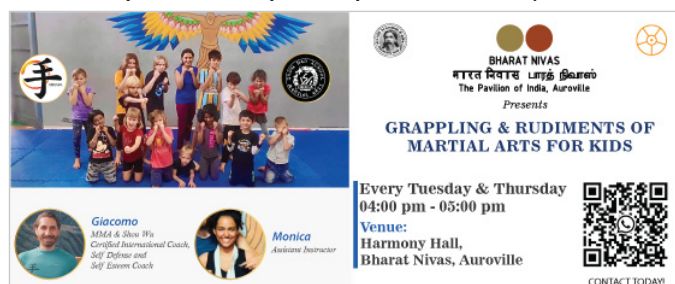
Regular Silambam Class

- Wednesday & Saturday, 5—6pm @ SAWCHU



Grappling and Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm @ Harmony Hall



Monisha for BN Team

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old). What We Offer:

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique. Limited spaces available to ensure quality and care for every participant.

- Location: Auroville, Flexible timings available

Dive in and discover the joy of swimming—safely, confidently, and at your own pace. 8637633696, Mani

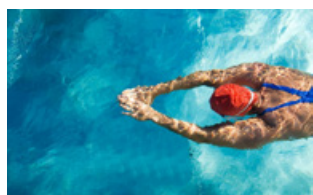


MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
 - Safe and fun environment with professional guidance
- Build confidence, improve technique, and enjoy the water!

- **To enquire:**
+91 8940288090 WA



Sonia and Ana

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943



Submitted by Beber

Bioregion, Crafts & Nature Activities

UPDATE ON COFFEE AND FERMENTATION

Every Saturday, 10am—12pm

Fermentation Workshop

Probiotic-rich and alive with culture—learn to brew your own **vinegar** and **hot sauces** at home!

This beginner-friendly workshop reconnects you with ancestral microbes and teaches you to make naturally fermented sauces using traditional methods.

- No commercial yeast, No fancy equipment
- Just real ingredients, wild starters, and intuitive brewing
- Take home a sample of your creation

Coffee Cupping Session

Discover the art of savoring specialty coffees at the **Coffee Learning Community**.

No prior experience needed! We guide you through each step to help you discern subtle sensory nuances.

Session Details:

- Start with an introduction to the flavour wheel and instructions on using the cupping sheet
- Learn the fundamentals of cupping and how to describe the distinctive attributes of coffees

Booking required

- Phone/ WA: 7200881291, contact@coffeeideas.in

Matilde

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722, 0413 2969722



Viji

UPCYCLING OPEN STUDIO

Every Tuesday 10am—12pm

Open Studio Mornings
Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908

@ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
 - Tour the studio
 - Purchase or place orders for upcycled items
 - Join our "Make Your Own Upcycled Item" workshops
- Come explore, learn, and get inspired!

6384043908, Veronese

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk

Auro Orchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, Auro Orchard has been a cornerstone of Auroville's food system for more than five decades. Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms.

We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering

Spread over 25 acres, Auro Orchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people.

We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday,
7—9am and/ or 9:30am—12pm.
 - We offer breakfast made with farm produce!
- Link to [sign up for volunteering](#) here.



Anshul

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only **on Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

*Krishna
for the Solitude farm & café*



MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration: Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- **Office timing:** 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—5pm



Bamboo Candle | Potter | Coconut Shell Craft | Dream Catcher | Incense Making | Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour | Wood Fossil Visit | Munnur-Perumukkal | Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Tibetan Bowls, Gongs by Sathyayuga Five Elements Sound Massage

Shamanic circle gathering for spiritual practice. Often using drumming, chanting or guided meditation



Sound bath 5 Elements

- 13, 27, January, 5—6:30pm by Satyaguga

To balance earth, water, fire, air, space energy within you for holistic wellness, promoting emotion.

New and Full moon Circles

- 5—7pm, Every New Moon and Full Moon

Sacred song and Drum circle

- 24 January, 5—7pm

Dia shares sacred medicine songs from around the world, weaving voice, mantra, and sound to open hearts and guide collective singing into unity and peace.



Awaken the heart: Cacao & sound journey

- 2, 16, 30 January, 6—8pm

A sacred space to soften, to listen, together we'll sip ceremonial cacao and to return home to your Heart by Lakshmi.



Thiruvannamalai Services: Thiruvannamalai—Mohanam services. Arunachala—Auroville. Tour, retreat space, camping, temple visit, ashram, Girivalam full moon experience.

For booking and more information

- Contact: +91 8300949079
mohanamprogram@auroville.org.in

Rajaveni



ENLIGHT



Arun, Anand and Balaji for Enlight Team

ACTIVITIES BY INSIDE INDIA

Bio-Region Tours by Inside India

- Tours run from 10am—2pm with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

Cycle Tours through Auroville

- 10am—2pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

tours@insideindiaauroville.com,
*Shaheen
for Inside India*

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.

Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.

Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops: Pre-book in advance

- Monday—Saturday, 9am—5pm



Construction workshop-3 days

- 29, 30, 31 January, 9am—5pm

Pre-book in advance: Join us for a 3-days Bamboo workshop. Discover the amazing potential of bamboo as you learn about the material and experience it in practice.



Pre-booking is necessary for registration

- bamboocentre@auroville.org.in
- +91 8300949081

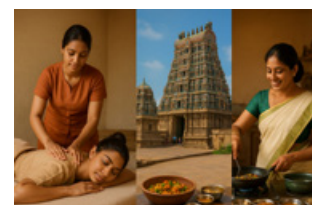
Balasundaram

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour:

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point from Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
rupavathijoy@gmail.com

Rupavathi

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

Multiple Activities

IT MATTERS ACTIVITIES

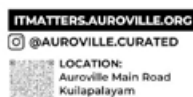
A/C room @ It Matters,
Auroville Main Road

More info on instagram:

- [@auroville.curated](#)

Workshop pre-registration required:

- itmatters@auroville.org.in or
[+91 9344087925 WA](tel:+919344087925)



Date	Workshops this week
Saturday, 17 January, 10—12pm	Sharing: From Western reason to Indian realization —Epistemologies of knowledge and truth with Neel, contribution based
Sunday, 18 January, 10am—12:30pm	Make & Take Kolam Embroidery with Noorjahan Nassar, fixed price, contact us to register
Sunday, 18 January, 10:30am—12:30pm	From Skill to Income workshop—with Ankush, contribution based
Wednesday, 21 January, 4—5pm	Sound Healing Nada Yoga , a recurring activity on Wednesdays with Satyayuga. Fixed price 500Rs. and 50% discount for AV/ Newcomer/ SAVI.
Thursday, 22 January, 3:30—5:30pm	Exhibition Opening—The last show of It Matters space before closing—Free and welcome to all

* Pre-registration for Workshops required (if participants do not actually come after registration, the session might be cancelled)

Sandra & Bhakti for It Matters

MUSIC AND DANCE CLASSES @ BHARAT NIVAS

Saturday, 3—4pm

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises.

The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari, Kamala, Palani, Selvi,
Suriyagandhi, Aurohamsadhwani Arts Team

Looking For

Urgent need for house sitting

I will become homeless by this Sunday, 18 January, so if you know of any options, even short term, please let me know: +918525058665.

Juan Andrés, psychotherapist at Santé

Available

Avocado tree saplings available

Integral Harmony farm has about 150 avocado tree saplings. If interested come on Saturdays to the Integral Harmony Farm in Discipline. Cost is 50Rs per sapling.

- Contact Velmurugan: +91 97514 68504
or Lisa: +91 9787825952.

Lisa for Integral Harmony Farm Team

Office Spaces

It Matters: Space Sharing for creative people

Whether it's computer work or artistic practices, we'd like to invite 5 to 10 people max that are committed to using the space for at least 1 month and up to 6 months and more.



The monthly contribution will be adapted to the space you need and how long you commit. itmatters@auroville.org.in.

Bhakti & Sandra

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:

- +91 9429690049,
hello@cowork.kinisi.in
- CSR Campus, Auroshilpam,
cowork.kinisi.in



Laure

Hive Coworking Space Open House

- Every Friday, 9am—7pm
@ Hive, Auromode.

NEED A PLACE TO WORK?

OPEN HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA
or drop by.

Dhesh for Hive Team

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



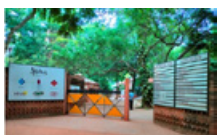
Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian

- at Auromode in person, +91 9943390391 or pandian@auroville.org.in Pandian

Honorary Voluntary

DOG SHELTER

Volunteers & Newcomers Welcome

We're looking for caring volunteers and newcomers to join our dog shelter team. Help is needed with daily shelter support and support in surgery as well in web design appreciated.



If you'd like to make a real difference and be part of a compassionate team, we'd like to hear from you!

- Contact us at aurovilledogshelter@auroville.org.in.

Dr. Kumar & Sugar (Executive)

ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274 WA or
call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.

The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel at earthyyoga@hotmail.com or stop by in the morning sometime to explore the possibilities.

Noel Parent

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations:

Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy.



We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Alexey

WEBSITE & IT SUPPORT (HOLISTIC)

Holistic is looking for a skilled IT volunteer to support us with:

- Creating and setting up our website
- Managing domain, hosting, and email configuration
- Providing ongoing technical and systems support

We warmly welcome someone who also feels aligned with healing, holistic work, or inner growth, as it will help us work together with deeper understanding.

If you have experience in website development and IT and would like to offer your skills in service, we would be grateful.

- Contact: sandya@auroville.org, 9443619403

Sandya

Work Opportunities

TO BE TWO

WE'RE HIRING!
Join our team

OPEN POSITION:
FASHION BOUTIQUE STORE IN-CHARGE

EXPERIENCE IN:
BARCODING
STOCK MAINTENANCE
SYSTEM (EXCEL & WORD)

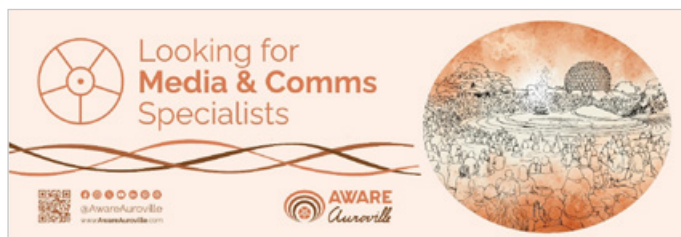
WORKING TIME: MON TO SAT (8:30 AM TO 5:00 PM)

APPLY NOW
SEND YOUR CV TO:
+91 7639799590
tobetwo@auroville.org.in

- **Open Position:** Fashion Boutique Store In-Charge
- **Experience in:** Stock maintenance, barcoding system (Excel & Word)
- **Apply Now, Send CV to:** +91 7639799590, tobetwo@auroville.org.in
- **Working Time:** Monday—Saturday, 8:30am—5pm

Pavitra

AWARE—MEDIA & COMMS



Volunteer/ Intern Call

We are opening opportunities for volunteers, interns, and newcomers to join AWARE in the following areas:

- Editors, Filmmakers, Photographers, Graphic Designers, Social Media Support, Writers, Web Developers, and Researchers.

Purpose: AWARE works to communicate Auroville's story with clarity and beauty, creating platforms for information and collective understanding.

Contact: +91 73965 57993 WA, aware@auroville.org.in

- Instagram: [@AwareAuroville](#)
- Website: www.AwareAuroville.com

Sajiv, co-ordinator

NEW ERA SENIOR SECONDARY SCHOOL (CBSE)

Aspiration, Kulapalayam, Auroville

We are hiring: PGT-biology teacher

- **Qualification:** M. Sc. Biology B.Ed.
- **Experience:** 1—2 years
- **Description:** Seeking a qualified and enthusiastic PGT biology teacher to handle class 9—11. Strong communication skills and ability to motivate students.

Send your resume to our email address:

- ness@auroville.org.in, 8072627852



K. Venkatesh

TOWN HALL

We are seeking a motivated and skilled Aurovillian to join our team as a half-time receptionist!

Requirements

- Fluent in English (reading, writing, and speaking)
- Proficient in Excel, Google apps, and Zoho
- Adaptable to morning and afternoon shifts

Responsibilities:

- Reception duties
- Administrative tasks
- Working with various apps and software

If you're interested and meet the requirements, send your resume to ACUR

- acur@auroville.org.in
- or contact Balaji: +91 8270071581 WA

Let's work together to make our community thrive!

Balaji
for ACUR Management

Poetry

DIFFERENCE

Difference inflated or flattened,
Each has its own cost.
Bubbles burst.
Time for Reality show.

Anandi Z.

THE ETERNAL CHURNING



O Seeker! O Pilgrim! O Wanderer!
Do you dare to hear the eternal murmur
In the Milky Ocean
In the Milky Way?

It is the same Ocean that churns in us all,
The asuras and the devas
The creeping shadows and the scintillating lights
Forever struggling for Amrit—the invincible elixir
Forever wrestling to be
The sole conqueror of it all.

See how
Our own palpitating heart becomes
The mountain of turmoil,
Our pugnacious thoughts
Slithering and twisting
Like the serpent that binds and strangles.
Our breast, the sacred vessel—our Kumbh
That harbors it all.

The poison of greed and cruelty,
Of division and rage,
Of ceaseless desire,
Forever rising
In the smithy of our soul,
In the dungeons of our heart.

And so, to the whispers
"O Voyager, Come Home"
The eternal journey begins...
From the Milky Way
To the Infinite Ocean within.

Churn, O Churn!

Echoes of hope and exaltation
Reverberate in the depths of the Milky Ocean
Even as poison oozes out of its belly
Threatening all that is life
All that yearns to be.

Who dares to drink this poison, this halahal
And contain it in the gullets of his throat,
In the tentacles of his skin,
In the depths of his all-surrounding moat?
And who dares to receive

The dewdrops of Amrit
The nectar of Hope, the milk of Peace,
The radiance of Love,
The Light of the One?

Yes... Yes... Yes...

Tat Twam Asi

Tat Twam Asi

Thou art that

Thou art Shiva

Thou art Mohini

Thou art poison—halahal—

Thou art Amrit...

All in One

O Pilgrim

The Universe too seeks its nectar

As it churns itself

In agony and rapture,

To dream ever anew

For yet another pilgrimage,

And for another view.

See how

Even the Black Holes

Of the Cosmos are churning,

Swallowing light and time and stars,

Only to birth new galaxies,

New suns,

And new dawns.

The Milky Ocean is always within us

Waiting to be churned

And Mohini is forever emerging with

The chalice of Amrit.

Forever scattering seeds of Hope

In every crack,

In every hole

In every crooked heart

In every sleepy soul.

O Wanderer,

Stir the sleepy shadows

slumbering in the dungeons

Of your morbid fears and your creeping moles.

Go down that cankerous rabbit hole

A Wonderland lies awaiting

An Alice

In every soul.

Dare to dive

from your stultifying self-centeredness

To the Centre of the Self.

Dare to drink the Amrit of Love.

The Churning is over.

The Nectar is all ours.

The Cosmos awaits in silence —

For our Eternal Song of Peace.

Shanti... Shanti... shanti...

Shanti... Shanti... shanti...

Sehdev Kumar

THE DIVINE WILL and Advent of a New Species

We continue from the Mother's Agenda of 27 November 1965.

The dates of the revelatory actions are the key give-aways. The chronology of events that give sense to the ever-unfolding Eternal Now of past-present-future.

As we are in an eternally unfolding evolutionary world of infinite possibilities propelled by a Divine Will, with causes and effects hastened and intensified by the many layered and progressive Supramental Consciousness-Forces that have been gradually infused on Earth by the Dual Supramental Avatar Sri Aurobindo and the Mother, just less than three years later, 28 February 1968, the Mother creates Auroville the City of Dawn as conscious collective preparation for the advent the new apex species the Supramental being.

On 1 January 1969 another supramental variant...

Note: To continue with the full post with linked references, please scan the QR Code or go to this blogsite and open the post with the same title: <https://zechjaya.blogspot.com/>.



Zech

A FIRST GLIMPSE

Today I had a first glimpse of what Mother's Auroville will be. I was reading Mother's comment on immortality (vol. 10 of Mother's Centenary Edition, *On Thoughts and Aphorisms*, n.11) on Vikas' roof terrace. I have been on that roof countless times, taken countless pictures. But today, marveling at the luscious greenery, I felt seeing a terrestrial paradise, untouched by man, where only I was, alone, the primeval being. Parrots and crows were flying all over as if I had not intruded into their idyllic world, invisible to physical eyes. I was wondering at the marvel of those huge trees, each so different yet seemingly melting into each other; each with its role and function, without taking away or imposing anything... an example of unity in diversity rarely found among humans...

While lost in contemplation, I felt a presence behind me; someone who could have been me but wasn't, a kind of alter-ego, made of an impalpable substance, asexual; there were no physical traits to define those two beings, except the feeling that they were similar. What defined the second one was knowledge, springing from an ocean calmness, an azure tranquil expanse of unwavering light: the calmness and tranquility and knowledge from within of the psychic being. That second being was carrying a volume like the one I had with me; there was a silent entente between us, without words: one doubled the other. Other beings joined, it became a multitude; all similar to the first two, all of them carrying a similar book.

Knowledge of the sastras, of Sri Aurobindo's and Mother's works, of Yoga and Integral Yoga... Mother's Auroville will be based on knowledge: this summoned the experience. All activities of life, down to the least detail, will spring from knowledge, the real knowledge she speaks about. The Supermind is Gnosis, Knowledge is the bridge. All pieces of the jigsaw puzzle will fall naturally at the proper place and we'll know, from within, what's the right action and way to be.

Submitted by Paulette

AUROVILLE RADIO

Your favourite radio is always working for you
Stay Tuned!

Last published Podcasts

- [Jumpa's Joyous Journey with Fif—Ep.2 "The Day That Tries Again"](#) (Story Telling)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.522](#) (Integral Yoga)
- [Jumpa's Joyous Journey with Fif—Ep.1 "Return of the Light"](#) (Story Telling)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari- B 1, C 19: "Life"](#) (Sri Aurobindo)



Latest Youtube Video

- [Savitri Ep 11: Introductory Comments in Tamil | An Introductory Commentary on the Epic of Savitri...](#)
- [Book Launch—Kambanil Kaathiruppu by Dr. S. Jaganathan and Jataayu | Auroville Literature Festival](#)
- [Talk on Cultural Portrayal in Tamil Literature by Jataayu | Auroville Literature Festival](#)
- [Sri Aurobindo's The Life Divine read by Deepti Tewari | Book 1—Chapter 6](#)
- ["As in the Great, so in the Small" Fractal Mountain Landscapes by Birgitta Volz | Unity Pavilion](#)

....and more! on www.aurovilleradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya for AurovilleRadioTV

WHAT IS YOUR MOST HOPEFUL VISION

for Auroville?

Really—take a moment. Connect with your devotion to the dream of human unity and a city the Earth needs, and imagine Auroville genuinely realizing its potential by its 100th birthday in 2068. That's 42 years from now—a lot can happen, especially these days!

Do you have a clear sense of what your ideal Auroville might look and feel like—or even how we might get from here to there? If so, **others really need to hear your story**. And if, instead, you find it hard to imagine a hopeful future at all, you're not alone. Many are struggling right now—and longing to rekindle the inspiration that first brought them here.

Either way, you're warmly invited to **join this six-week storytelling project**, where we'll support each other to craft positive, realistic "future memories" from Auroville's 100th birthday—and share them with the community on 8 March.

Dreaming into a viable future is hard. I know this personally. I've been writing a visionary science-fiction novel—much of it rooted in Auroville—and at times it truly feels like groping in the dark.

That's why we will use a range of tools: guided visualizations, creative and artistic exercises, story circles, and group dialogue—even playful prompts involving "time-travelers" from my book—to help us peer into that black box called *the future*. My friend Alessandra, an award-winning filmmaker and animator, will also support us in creating imag-

ery of ourselves and our community living into these possibilities. It's going to be creative, meaningful—and fun.

And to be clear: **this is not about sides or political debate**. Aurovilians, Newcomers, and non-Aurovilians of all perspectives and statuses are welcome. The intention is to dream together, to transform despair into hope, and to take real steps toward a vibrant city living in harmony with one another and the planet.

Please follow the link or scan the QR code to learn more and register. You're also welcome to contact me, Daniel Greenberg, at daniel@ic.org or +91 9217252447 with any questions.

We really look forward to hearing your stories.

Daniel

Foods, Goods & Services

CLOSED FOR PONGAL

Naturellement production & Garden Cafe

- **Friday, 16 January and Saturday, 17 January** will be closed for Pongal

Wishing you a Happy Pongal!

Martina for Naturellement team

Nowana

- **Saturday, 17 January** is closed for Pongal to Honour the Celebration of Pongal

We will re-open the very next day, 18 January, as per our regular timings. We look forward to welcoming back our regulars and meeting some new faces too.

Happy Pongal! From the Nowana Team

Emanuele for Nowana

La Terrace

- **Friday, 16 January and Saturday, 17 January** will be closed on Pongal

We wish a happy Pongal for all

Angelika for La Terrace Team

AV Bakery, Café, and Townhall Café

- **Saturday, 17 January** will be closed for Pongal.
- Kindly collect your Saturday orders on Friday, 16 January.

AV Bakery & Café will be open

- **Sunday, 7am—1pm** offering croissants, cakes, and cookies. The café will serve the usual menu.

Townhall Café will be closed on Sunday.

Auroville Bakery, from Mass Bulletin
for Right Path Cafe team

PT Purchasing Service (Aspiration)

- **Saturday, 17 January** is closed for Pongal
- **PTPS Canteen** will be closed on 16 and 17 January. There will be **no tiffin service** on these two days.

All services will resume as usual after the holidays.

- Please also note that our **regular shop opening hours** are 8am to 7pm.

from Mass Bulletin

PTDC Distribution Centre (near Solar Kitchen)

- **Friday, 16 January, and Saturday, 17 January** will be closed on for Pongal.
- **Thursday, 15 January, 9am—6:30pm** the centre will be open.

We wish you a Happy Pongal.

PTDC Team,
from Mass Bulletin

Solar Kitchen

- **Friday, 16 January, and Saturday, 17 January** will be closed for both Lunch and Dinner on Pongal.

We will resume our regular services after the holidays.

Kindly note the dining timings:

- Lunch: 12—1:30pm
- Dinner: 6—7:30pm

Wishing you and your family a Happy Pongal.

Solar Kitchen Team, From Mass Bulletin

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

- ptw@auroville.org.in

Please note: Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

*Danny, Grace
for Pour Tous Water team*



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovillians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

For enquiries and registration:

- cafeteriavc@auroville.org.in
- 9043004919 WA

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

- 9043004919 WA cafeteria,
cafeteriavc@auroville.org.in

Kyoung Hyoun Lee

SUDHA'S KITCHEN!

Healthy Plate monthly scheme for Aurovillian Volunteers & Guests

- **Special Offer:** Aurovillians get 20% discount
- **Group Bookings Welcome**



Contact Us:

+91 8608123072 WA, +91 413-3509884 landline

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



*Auroville Bakery & Cafe Team,
from Mass Bulletin*

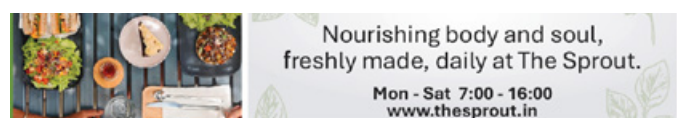
BELLA VITA:

Thursday 50% discount!

- **Naturellement Garden Café:** Thursday 50% discount paused
- **Bella Vita: Thursday 50% discount!** On Thursdays we will offer a 50% discount on our already low prices. (Drinks and baked goods will be excluded.) So welcome to try our Pizzas, Tarts, Salads and Wraps!

Martina for Naturellement team

THE SPROUT CAFE & RESTAURANT



*Monica for The Sprout team,
www.thesprout.in*

LIVING ROOM CAFÉ, AUROVILLE



+91 9566142115, Satyakam

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes
Come and enjoy!

Parthasarathy Krishnan

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.



Pavithra
for Auromode Restaurant

TASTE OF YOGA: VEGAN CAFÉ



VEGAN CAFE

TASTE OF YOGA

Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Kathir
for Vérité programming

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria, 7:30—10am
Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



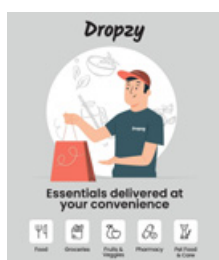
DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



SUNRISE TAXI SERVICE

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in

Sathish for Sunrise Taxi



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

- its@auroville.org.in

Rajesh.D

KINISI E-MOBILITY

KINISI

LOOKING FOR
A NEW WAY
TO GET AROUND?

Rent an
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25%

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Offer valid till 30th November

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hello@cowork.kinisi.in
+91-9429 690 049

SCAN ME

- Contact us: +91 9429690049, hello@cowork.kinisi.in
Laure

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
for Qutee Electric Scooter Service

UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS



Pongal Timing Update

Warm Pongal wishes from Team Inside India

- Please note that our travel agent, Ganesh, will be **unavailable on 15 and 16 January** due to the Pongal holidays.
- However, between the **15 and 17 January, a member of our team will be available to assist you** with local tours and itinerary planning.

Thank you for your understanding, and we wish you a joyful Pongal!

Special Flights and Offers

Available offer fare International Flights from Chennai

- Etihad Airways: Paris, Frankfurt, London, Dublin, Brussels, Amsterdam, Vienna, Zurich, Munich, Milan, Madrid, Barcelona, Rome
- Air India: Paris, Frankfurt, London, Amsterdam, Zurich, Milan
- Emirates: Paris, Frankfurt, London, Amsterdam, Dublin, Vienna, Zurich, Madrid, Barcelona
- British Airways: Paris, Dublin, Brussels, Berlin, Zurich, Barcelona, Milan
- Oman airways: Paris, Amsterdam
- Kuwait airways: Paris, Barcelona, Milan
- Qatar airways: Paris, London, Dublin, Madrid, Milan, Rome
- Cathay Pacific & Singapore airline: Seoul

Travel advisory:

We strongly recommend that you check your domestic and international flight status 48 hours (two days) prior to your scheduled departure.

Our Services Include

Europe & UK Deliveries

- DPD Partnership—Duty & VAT Free shipping
- UK delivery in 6—7 days
- Europe delivery in 12—15 days
- Complete European Union coverage including Austria, Belgium, France, Germany, Italy, Spain, Netherlands, and 25+ more countries

Australia & New Zealand

- Specialized homemade food items shipping
- Third-party services available
- Competitive pricing with ZIP code rate checking
- Masala & spices delivery to both destinations

Southeast Asia

- Direct Malaysia & Singapore connections
- Fast 1-week delivery from Chennai
- No duty, no tax on selected items
- Reliable third-party partnerships

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

Key Features of Bajaj's Travel Insurance:

Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write tours@insideindiaauroville.com to start planning.

Inside India Timings

- Inside India is open for your next journey **Monday to Friday, 10am—5pm** at our Office in Kalpana Community (Opp. Auroville Library)
- We are open the second & fourth Saturdays of each month
- **For urgent matters or emergencies**, you may contact our ticketing agent **Ganesh: +91 9894598686**.

Shaheen for Inside India Team

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



RAPID CARE SERVICES
One call to solve all your problem

Services offered

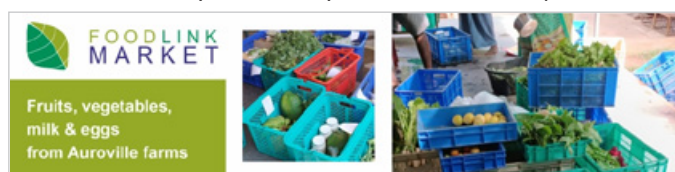
Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581

- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 *Balaji & Arun*

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm

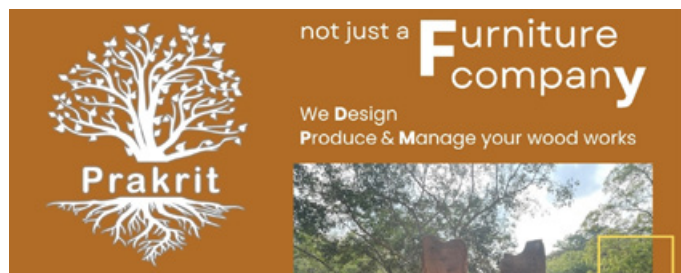


We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

PRAKRIT



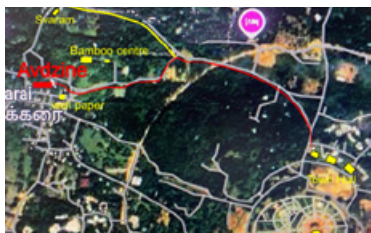
Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

AVDZINES MOVES FROM TOWNHALL

AVDzines (Graphic section) is to move from Townhall to the AVDzines building at Mangalam campus. The place is next to Wellpaper, & Bamboo Centre from here I can provide the same service. You are also welcome to send your job via email and WhatsApp, see the data below.



- The service started on 2 January 2026.
- **Working Hours:** 9am—12:30pm & 2—5pm

Please follow the sign board kept on the side of the road.

Type of jobs that can be given: Printing, layout designing, Passport Photos, package designing & manufacturing, photo framing & lamination and all kinds of boxes & paper bags and screen printing.

- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA, Guna for AVDzines

ECO FEMME WORKSHOPS

Eco Femme is happy to announce a series of workshops being offered in the month of January. Each is a distinct experience looking at different aspects and lived experiences connected to menstruation. They can be joined as a series or feel free to pick and choose what calls to you.

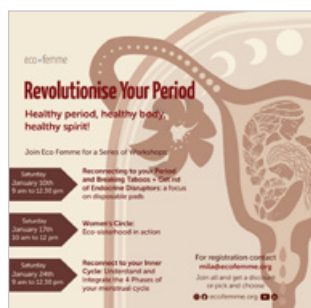
Revolutionise Your Period! Healthy period, healthy body, healthy spirit! Join Eco Femme for a Series of Workshops:

- **Saturday, 17 January, 10am—12pm:** Women's Circle: Eco-sisterhood in action.
- **Saturday, 24 January, 9am—12:30pm:** Reconnect to your Inner Cycle: Understand and Integrate the 4 Phases of your menstrual cycle.

Prior registration a must:

- Reach out to Mila at mila@ecofemme.org for registration form and pricing details.

Mila for Eco Femme Team



ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri
for Annapurna Farm

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabisupplies@auroville.org.in

+91 9843846458 WA, Phone,
Iyyappan

Classes, Workshops & Healing Arts

BODY AWARENESS & Relaxation with Hans

Wednesdays, 5—6:15pm

@ Budokan Dojo, Dehashakti

For more info: 8110848123 WA

Hans

MINDFULNESS WITH HELEN IN JANUARY

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness. Mindfulness Coaching packages & bespoke groups sessions are also available.

- For details & bookings: 7094753054 WA or visit innersightav.org.

Saturday, 17 January, 9:30am—12:30pm	Mindfulness Kindfulness	Half Day Retreat
Wednesday, 21 January, 2:30—4:30pm	Introduction to Mindfulness	Workshop
Monday, 26 January, 5—7pm	Mindfulness Based Stress Reduction	8 week course

Mindfulness Kindfulness—half day retreat

- Saturday, 17 January, 9:30am—12:30pm**

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living.

Everyone is warmly welcomed—beginners, experienced practitioners & those whose bodies need to sit on a cushion, mat or chair. Participants will hold silence throughout the retreat to provide everyone with the space & opportunity to go deep within.



Introduction to Mindfulness workshop

- Wednesday, 21 January, 2:30—4:30pm**

Discover how to find inner calm in the chaos of everyday life! Join this Introduction to Mindfulness workshop and learn simple techniques to bring awareness, richness, and joy into your life. Perfect for anyone wanting a calmer, more present existence or a deeper understanding of what mindfulness is.



Mindfulness Based Stress Reduction 8-week course

- Mondays, 5—7pm, from 26 January**

This evidence-based course can help you navigate life's challenges with greater ease & resilience. It blends ancient mindfulness practices with cutting-edge neuroscience, providing practical ways to work with stress, overthinking, burnout, physical & emotional pain and develop resilience, connection & presence.



Whether you're facing work pressure, relationship struggles, health concerns, or want to see deeper into your patterns, mind & true nature, the course offers practical tools to help in everyday life. It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

Helen

YOGA CLASS:

Hatha stability and ashtanga inspired flow with Kunsang (Tibetan)

At Pavilion of Tibetan Culture International zone.

10th to 30th January
Monday to Saturday
Time: 7:00 AM To 8:00 AM
Offering base

Improves strength and flexibility
Enhances posture and alignment
Reduces back, neck and joint pain
Enhances breath control and circulation

LOCATION

10—30 January, Monday to Saturday, 7—8am

Kalsang

CO-CREATING THE DREAM

Saturday, 17 January, 9:15am—12:15pm
@ Verité

A few Aurovilians have taken online ProSocial courses based on Nobel Laureate Elinor Ostrom's research, in which she identified eight core principles based on communities around the world that help them work successfully. These include clarifying shared purpose and values, fair decision-making, transparency, and constructive conflict resolution. The ProSocial training also included listening, communication and other internal skills. Seeing the relevance of these discoveries for Auroville, we are offering a series of flowing, engaging, and explorative workshops to bring awareness to these principles and practice useful skills for enhancing interpersonal relationships, working in units, and collective life.



- Each workshop is a stand-alone experience. The series continues on Saturday, 17 January, 9:15am—12:15pm in Verité with our seventh workshop:

Seeing Clearly, Sharing Wisely—Equity and Transparency as a Collective Yoga



Moving beyond comparison toward care, participants are invited to make needs visible and explore how balance in giving and receiving, together with clear, shared noticing of what is happening in a group support trust and cooperation. Through play-acted scenarios, dialogue, and reflection, we explore how ProSocial principles can offer new pathways in Auroville's unique landscape. The workshop seeks to increase awareness, get different perspectives and explore new solutions for more collaborative ways of living and working together.

- Register at Verite: +91 93636 24083 WA.
- Please bring paper/notebook and pen.

Kaia, Munay and Radhika

BASIC TOOLS OF ATB

A two-day workshop with Francesco



Basic Tools of ATB

February, 15 & 16, Saturday & Sunday, 8:20am—5pm

@ ATB Hall, Transition School

This workshop is open exclusively to people who have completed at least one ATB introductory workshop (Namely ATB1 module).

This workshop is ideal for educators, schoolteachers, facilitators, and others intending to integrate ATB activities with children in a hands-on way. We will delve into the basics steps in cultivating awareness in children, focusing on attentive listening, self-regulation, and the use of play as a key element in learning. Expect a dynamic blend of abundant physical movement and reflection, offering both theoretical insight and practical strategies for integrating ATB principles in a dynamic class setting.

- To sign up [fill in this Form](#).
- For more info contact Francesco at: sghilli@hotmail.it

Francesco Culturi

SITARA MUNAY-KI YOGA



With Sitara:

Meditation Yin Yoga Sound Journey

- Mondays 10:30am—12pm
@ Hall of Light in Creativity
- Thursdays 10:30am—12pm
@ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay:

Surya Kriya Yoga Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness.

With Munay and Sitara:

Surya Kriya & Yoga Nidra with Live Music

- Fridays 5—6pm @ Vérité

Surya Kriya is a sacred yoga sequence that aligns body, breath & consciousness with the solar principle—the source of light & life. You will be guided through the traditional flow of Surya Kriya, followed by Yoga Nidra, with live handpan & flute music, to carry you into stillness & radiant presence.

Locations:

[New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.

- Hall of Light is in Creativity Community, in the center of Auroville.
- [Vérité](#) is an Auroville project for integral learning, living & yoga.

Other details:

- Drop-in classes
- Guests Rs600, Aurovilians Rs200
- In Vérité: Guests Rs400, Volunteers Rs200
- Check our website for more info and updates:
sitaramunay-kiyoga.org

Munay (Giovanni)

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



UPCOMING MASTERCLASS:

Making Friends with Money

19 January—22 January, 12:45—13:45

@ Pitanga Cultural Center



To kickstart the New Year 2026, I would like to offer you something very special.

'Making friends with money' is a 4-day workshop in which we will take a deep dive into money paradigms—deep rooted beliefs about money that block its flow into our lives. We will explore how money is Energy, and how to align ourselves with this Energy from our innermost I AM ness.

Energy is. We can choose how we want to let it flow through us, to manifest our purpose and deepest calling into form.

Money energy is consciousness. At its most unadulterated form it is Light and Power and Connectivity. Then, as with our own consciousness it gets conditioned and takes the forms that we give it. Thus we unintentionally create scarcity and lack—first in our consciousness, and then in the manifestation of abundance in the form of money.

Join us to find out what your blocks are, and how you can remove them with a simple and powerful formula. Then watch your business make quantum leaps. Not 5 or 10 percent growth, but 10 fold!

You need to RSVP with Pitanga so that we can make sure that everyone gets accommodated.

- Reservations by phone or email
 - 0413 2622403, +91 9443902403
 - info@pitanga.in

Ange

NEW MOON RITUAL & SOUND HEALING

19 January, 5:30—7:30pm

The New Moon is a sacred pause... a moment to soften, release what no longer serves, and gently plant new intentions from the heart.



I warmly invite you to join me for an intimate New Moon Ritual and Sound Healing journey, where we will come together in a safe, nurturing space to slow down, listen inward, and realign with our inner truth.

Through ritual, intention setting, and deep sound healing with Tibetan bowls, tuning forks, and shamanic drum, we will allow the vibrations to clear stagnant energy, calm the nervous system, and open space for the new to be born within us.

This is an invitation to let go with awareness:

- Set heartfelt intentions
- Rest deeply and be nourished
- Reconnect with yourself and the subtle rhythms of life

Location: Auroville, the exact venue will be shared once you reserve your spot. Spaces are limited to keep the circle intimate. If you feel the call, trust it and reach out to reserve your place.

Lakshmi +918489764602

PITANGA CULTURAL CENTRE



January

Holiday Closure:

Pitanga will be closed to the public
on **Friday, 16 & Saturday, 17 January** for Pongal

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy	8–9:30am	Gala
	Doing No-Thing Consciously	4:15–5:15pm	Mike
	Iyengar Yoga	5–6:30pm	Olesya
	Vinyasa Flow Yoga	5:30pm–7pm	Dinagar
Tuesdays	Yoga: Restore & Relax	4–5:30pm	Florina
	Kundalini Yoga to energize the Heart Center, strengthen the electromagnetic field, and balance the main glands	5:30–7pm	Bel
Wednesday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy	8–9:30am	Gala
	Dynamic Yoga Flow	5:30–7pm	Florina
	Vinyasa Flow Yoga	5:30pm–7pm	Dinagar
Thursday	Iyengar Yoga	6:45–8am	Olesya
	Prana Kriya	7:30–9am	Florina
	Aviva Exercise—for women only	4:30–5:30pm	Suriya-gandhi
	Iyengar Yoga	5–6:30pm	Olesya
Friday	Yoga: Restore & Relax	5:30–7pm	Florina
	Pranayama, for former “The Art of Living” course participants	6:45am–8:15am	François & Namrita
	Yoga Therapy	8:15–9:45am	Gala
	Dynamic Yoga Flow, not on 19/12	5:30pm–7pm	Florina
Saturday	Vinyasa Flow Yoga	5:30pm–7pm	Dinagar
	Iyengar Yoga	6:45–8am	Olesya
	Breathing & Mudras	8–9:30am	Gala
	Truth Based Relationships, practical sessions	2:30–4:30pm	Juan Andres
	Iyengar Yoga	5–6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/ families	3–5pm	Gala
Monday to Friday	Ashtanga Yoga (self paced)	9–11am	Monica M.
Saturday	Ashtanga Yoga (led primary series)	9:40–11:10am	Monica M.

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4–5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth’s absence.

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Auromira	Shamanic Healing
Francesca	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture, NA
Jivatma	Sarga Bodywork®, NA
Juan	Thai Yoga Massage
Olesya	Visceral Massage
	Neurology Massage
	Psychosomatic of diseases
	Women’s Health Therapy
Patricia G	Shiatsu (for Auroville residents only). Contact directly via WA message to schedule an appointment: +91 9487230399

New Activities

Kundalini Yoga to energize the Heart Center, strengthen the electromagnetic field, and balance the main glands with Bel: Tuesdays, 5:30–7pm

This January we will energize the Heart Center, strengthen the electromagnetic field, and balance the main glands—so love can flow freely, bringing clarity, intuition, and a deeper sense of connection.

Beginners are always welcome!

Bach Flower Counselling with Rosalba

Beyond the Clouds of Daily Life: Rediscovering the Harmonious Flow of Life

Our daily life is often filled with shadows and passing clouds: thoughts, fears, worries, and doubts that thicken, hindering the harmonious flow of our living. These are “knots” that rob us of our sleep and the peace of our hearts.

Do you ever feel the weight of these shadows?

- Mental Overload that gives no respite.
- Performance Anxiety and the tyranny of “having to be.”
- Digital Apnea Syndrome and the frenzy of hyper-connectivity.
- Paralyzing Uncertainty and Chronic Guilt.
- Emotional Disconnection that makes us feel “empty.”

Every flower has the power to dissolve these tensions. With its vibrational frequency, each Bach essence brings us back to that virtue we have forgotten we possess, reconnecting us to the laws of Life that we have let go.

Come and discover your flower ally to return to flowing in harmony.

Ashtanga Yoga with Monica M.

- Mondays to Fridays, 9—11am (self-paced)
- Saturdays, 9:40—11:10am (led primary series)

Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual.

- Classes with prior registration only. No drop-ins.

- Booking with the teacher only:
marinonimonica@gmail.com or scan QR code:

- More information:
www.monicaamarinoniashtangayoga.com
or +39 3917254083 WA



Dynamic Yoga Flow: Bhandas, Pranayama & Asana with Florina

- Wednesdays & Fridays, 5:30pm—7pm
- Class opens to all levels. Going deeper is a never-ending process.

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Auro-card or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA, info@pitanga.in

AUROVILLE-JIVA

Register: contact@auroville-jiva.com,
or +91 9443619403 WA.

Flow Into Clarity

- Sunday, 4 & 18 January, 3—6pm, in Auroville

Is there a question that is burning inside you? The Flow Game is a powerful tool used across the world to transform stuckness. Within every challenge, there lies a transformative potential. Bring a question that's alive in your heart. Discover your way to greater flow with life and connect with higher guidance, through the spirit of ease, joy and playfulness.



The Flow Game is played around a special board inspired by the 7 directions found across multiple cultures. The players are invited to connect to infinite wisdom of the Universe. The game enables you to go deep into your own inquiry, while getting new insights through collective wisdom.

In-Person in Auroville:

- Theme: 'Birth of the New' (4 January) & 'Love' (18 January)
- Host: Sandhya, Venue will be revealed after registration, limited spots! Sandhya

AUTHENTIC RELATING



Dave

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, a certified psychotherapist, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy.

Meetings can be in-person in Auroville or online.

For more details see www.innersightav.org or

- contact Kardash +91 9940934875 WA Kardash

QUIET HEALING CENTER



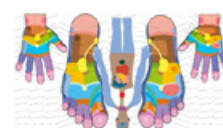
www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Holistic Reflexology Training with Ananda

- 17—22 January, 9am—5pm, 36 hours
- Prerequisites: no previous experience required

Holistic Reflexology is a deeply relaxing & healing tool for body-mind-energy. With meditative presence and loving energy & by activating nerve endpoints, lymphatic nodes and energy points in hands and feet, we support harmonizing internal organs, blood circulation, nervous, hormonal & lymphatic systems and boost overall immunity. This course is open to anyone who wants to heal her/himself, work professionally with Reflexology, share love and healing touch with family & friends, learn ancient healing tools, or is already into healing and wants to make sessions more effective and effortless.



A certificate will be provided upon successful completion of this course.

Ancient Vedic Healing Workshop with Swami Omkar

- 24—25 January, 10am—5pm, 10 hours
- Prerequisites: no previous experience required!

In this workshop you'll be exposed to the ancient art of Vedic Healing through Prana Vidya or the Knowledge of Prana, the universal life force which permeates all creation.



Prana Vidya offers the knowledge of gaining, restoring and uplifting Prana in our body. It also explains how to transfer this life force to other people, as Prana can be given to others, who are sick or in an imbalanced state.

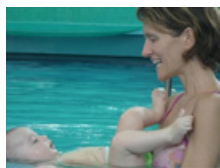
Advantages of Prana Vidya:

- Simple to learn and practice. All types of life styles can experience and practise Prana Vidya. Does not have any side-effects for the healer. Its healing power can already be experienced, while learning. All kinds of mental and physical problems can be cured. Character, memory power, and thought processes can be improved. Can be used for success in education, wealth, and relationships. Purifies our inner being and uplifts our spiritual life.

Watsu® for Babies with Dariya

- 25 January, 8:45—6pm, 8 hours
- **Prerequisites:** Watsu Basic or a degree to work with babies in water.

Watsu for Babies is a beautiful and spontaneous way to experience the early years of childhood. It is open to anyone, who wants to share the joy of being in water with babies.



In this course, you'll discover that emotions arising from spontaneous movements in water can offer extraordinary experiences. These moments allow us to be in the present moment, simply listening to the baby's breathing while being supported by the healing power of water.

Thanks to the collaboration with Gianni De Stefani, a senior WABA instructor, Dr. Riccardo Palumbo has developed a new massage, which is introduced in this course to bring Watsu into the world of babies.

Through Tantsu and Ai-Chi exercises, you will begin to listen to yourself and to the baby you hold. You will also learn possible transitions of the Watsu sequence in order to expand it creatively for babies.

Dear Parents of Little Ones (3 months to 2 years max.)

We warmly invite you to join us in our warm water pool Sunday, 25 January, 2:45pm as part of our Watsu® for Babies training course.

You and your little one will be gently guided into a nurturing experience designed with care, sensitivity, and respect for each child's unique rhythm.

Please bring towels and bottom-closed swimming pants for your baby.

- Kindly call or WA Quiet Healing Center 94880 84966 or email quiet@auroville.org.in

We look forward to welcoming you and your little one to this special experience!

Holistic Rebalancing Massage Training with Ananda

- 30 January—8 February, 9am—5pm, 60 hours
- **Prerequisites:** no previous experience required!

Holistic Rebalancing is a powerful healing tool for body-mind-energy through massage and touch.



- Module 1 focuses on developing expertise with spine, sacrum and neck. Techniques integrated from deep tissue massage, joint release, myofascial work, cranio-sacral, Tibetan pulsing, energy work, reflexology, vital Varma points, breath work and holistic science. Five ways of touch to balance the 5 elements: water, fire, air, earth, space. Daily practice of full body and energy preparation through meditations. Effective ways to give deep healing sessions effortlessly. Give professional sessions, understanding the need of your client, applying unique combination of tools with right intelligence and intuition, and completing a session with energy work & integrating back to self.

What do we learn in Module 2 of this training?

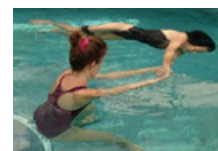
- Module 2 focuses on chest, belly, pelvis which are sensitive and important. Work with specific vital internal organs with sensitivity and care. Work supporting the body sideways, suitable and important for pregnant woman and physically challenged situations. Additional Tibetan pulsing energetic circuits and Varma points to open and heal the energetic and nervous system. Reading various body type and choosing the flow of session and techniques accordingly. Support people for deeper healing, inner journey and transformation.

A certificate will be provided upon successful completion of this course.

Liquid Flow Essence with Dariya & Daniel

- 31 January—6 February, 8:45—6pm, 50 hours
- **Prerequisites:** Watsu & OBA Basic.

Liquid Flow is an aquatic bodywork modality given in a warm water pool (ideally 35°C). Developed at the Quiet Healing Center, Auroville, it is inspired and based on the forms and qualities of Watsu®, OBA®, Healing Dance®, and WaterDance.



With a complete sense of presence and attention, the practitioner moves, folds, stretches, and massages the receiver's floating body on the surface, inducing a profound state of both physical and mental relaxation. Depending on the choice of the receiver, a session can also include an underwater part (with nose clip), which offers a unique experience of being moved under water.

This intense course with the main Liquid Flow sequence is for students of different aquatic bodywork modalities, who wish to dive deeper into their practice.

In combination with practices on land, you'll experience the profound effects of this powerful, yet softening, work.

Liquid Flow Essence is the favourite elective of many students. Inspired by different aquatic bodywork modalities, it offers a wonderful new sequence of essential mobilisation possibilities in a flow with ease and continuity. **Guido**

AWARENESS THROUGH THE BODY

Workshop with Isora

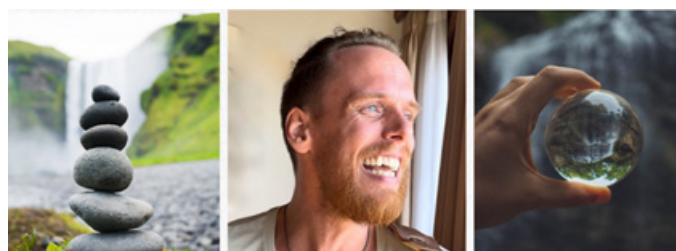
Saturday, 24 January, 9am—12pm @ Pitanga



ATB is a practice developed in Auroville, India, that aims to expand consciousness and offer the opportunity for both, children and adults, to become aware of their own perceptions and abilities, so that they can become independent and self-aware individuals. The activities are creative and often fun, develop gradually, and encourage attention, concentration, and relaxation, providing feelings of well-being and a deep connection with the Being.

- Advance registration required! (latest by Friday, 23 January).
- Please contact Pitanga: info@pitanga.in, + 91 9443902403 WA. Anandamayi

INTEGRAL UNFOLDMENT Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom. Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA

ARKA WELLNESS CENTER PROGRAM

January

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic, Soft Massage, Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana	- Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage - Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I Ching oracle - Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
aditivva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

For any details and queries, you can contact us at
arka@auroville.org.in, 0413 2623799 Ramana, Arka

VÉRITÉ PROGRAM, JANUARY

www.verite.in

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Tristhana Practice	9:15—10:15am	Keshav
	Restorative Yoga	3:30—4:30pm	Mani
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Pranayama & Vocal Toning	3:30—4:30pm	Nikki
	Yoga Nidra: A Journey to Stillness	5—6pm	Radha
Wednesdays	Dance of the Chakras	5—6:30pm	Lakshmi
	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Sivananda Yoga	9:15—10:15am	Mani
	Hatha Yoga	3:30—4:30pm	Ivana
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Free Flow Wave	5—6:30pm	Vera
	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Open Heart Space Meditation	3:30—4:30pm	Samrat
	Shamanic Breathwork & Free Movement	5—6:30pm	Lakshmi
Fridays	Deep Sound Bath	5—6pm	Satyayuga
	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Somatic Yin Yoga (no class on 2 & 23 January)	9:15am—10:15pm	Radhika
	Hatha Yoga (no class on 9 & 23 January)	03:30—4:30pm	Ivana
	Ancestral Dancing Flow	5—6:30pm	Vera
Saturdays	Surya Kriya & Yoga Nidra with Live Music	5—6pm	Munay & Sitara
	Pranayama & Meditation (no class on 3 January)	7:30—8:30am	Radhika
	Deep Sound Bath	5—6:30pm	Satyayuga
	Cosmic Dance Wave	5—6:30pm	Sandhya

Therapies: Pre-registration required

Therapist	Therapies (by appointment only)
Ashok	Cupping Therapy
	Deep Tissue Massage Therapy
	Acupressure Therapy
Mamta	Holistic Face & Neck Massage Therapy
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Radha	Ayurvedic Massage
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Veermani	Physiotherapy & Rehabilitation
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops: Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 17 January	Seeing Clearly, Sharing Wisely	9:15am—12:15pm	Kaia, Munay & Radhika
Saturday, 17 January	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
Friday—Sunday, 23—25 January	Self-Awareness & Love: Inner Mastery	9:15am—4:30pm	Ananda
Friday—Sunday, 30, 31 January & 1 February	Vedic Astrology	9:15am—4:30pm	Swami Omkar
Saturday, 31 January	Holding the Fire Together	9:15am—12:15pm	Kaia, Munay & Radhika

Seeing Clearly, Sharing Wisely w/ Kaia, Munay & Radhika

• Saturday, 17 January, 9:15am—12:15pm

Moving beyond comparison toward care, participants are invited to make needs visible and explore how balance in giving and receiving, together with clear, shared noticing of what is happening in a group, support trust and cooperation. Through embodiment, dialogue, and reflection—and grounded in Pro Social principles and Auroville experience—the workshop seeks to cultivate shared responsibility, accountability, and trust in service of more collaborative ways of living and working together.

Panchakarma: Ayurvedic Purification Techniques w/ Dr. Geeta

• Saturday, 17 January, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Self-Awareness & Love: Inner Mastery with Ananda

• Friday—Sunday, 23—25 January, 9am—4:45pm

Love is the light. Inner Mastery is presence not perfection.

Awareness is the mirror.

Welcome to a journey of inner mastery rooted in presence, compassion, truth, and love. This course supports you to see your patterns clearly, feel your emotions safely, and transform into wisdom, strength, and authentic connection.

A journey from reacting to responding, from fear to freedom, from seeking love to being love.

You will explore:

- Deep self-awareness, emotional intelligence and love
- Embodied practices: breathwork, somatics, Heart alignment
- Active and Silent Meditations
- Inner child healing, shadow work & archetype integration
- Moving from Victim/Controller → Creator/Co- Creator

A journey to master your inner world and live from your true nature.

This journey is for anyone who:

- Feels a deep calling to live with awareness, love, and inner freedom
- Seeks emotional maturity, self-respect, and loving boundaries
- Desires to live with more clarity, authenticity, and confidence
- Longs to experience love that is grounded, conscious, and nourishing
- Wants to understand their emotions instead of suppressing or reacting to them
- Feels stuck in repeating patterns, relationships, or inner conflicts
- Is healing from stress, trauma, heartbreak, or childhood wounds
- Is ready to move from survival patterns to create consciousness.

Hon

WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

To know more or book an appointment:

- +919488084952 WA

Aikya

ACTIVITIES BY GRACE GITADELILA

KolamYoga: KolamYoga offers one off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.

- <https://youtu.be/IErbDiGJvTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga: Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace



Languages

NEWS FROM
Auroville Language Lab
15 January



Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay grabbing these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguagelab.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

• Resonance, the book!

Check it out at <https://books.aurovillelanguagelab.org>

- To enquire or register: tomatis@aurovillelanguagelab.org
- or call 0413 2622467 or 3509932

Free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Tuesdays: Spanish conversation with Joana 5—6pm
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh
- Thursdays: English conversation with Alex 5:30—6:30pm
- Wednesdays, 5—6pm, open to all
The Mother's *Entretiens*:
A series of Reading and Discussion Sessions. Practice French and explore the Mother's vision. Facilitated by Jean-François, French teacher at the Auroville Language Lab.
- Fridays: Hindi conversation with Anu, 5—6pm

Current Schedule of Classes, 15 January

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Riki	8-Hour Monthly Always ongoing	10:30—11:30am, Tuesday & Thursday
	Beginner with Ashwini	24 -Hour, 3 Months Start date: TBA	5—6pm Wednesday & Thursday
French	Beginner with Jean-François	16-Hour, 2 months, 26 January	2:30—3:30pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour, 2 months, 27 January	2:30—3:30pm, Tuesday & Thursday
	Intensive with Isabelle, NEW!	20-hours (2 weeks) Starts 19 January	11am—1pm Monday to Friday
Mandarin Chinese	Beginner with Shiju Hsieh	36—hours, 3 months, 18 November	Tuesday & Thursday, 10—11:30am
Tamil	Spoken Beginner with Saravanan	24-Hour, 3 months, Started 24 October	9:30—10:30am, Tuesdays & Fridays
	Spoken Beginner with Ashok	24-Hour, 3 months, 20 October	9:30—10:30am, Monday & Wednesday
Hindi	Beginner Hindi with Ashwini	24-Hour, 3 months, 1 December	3—4pm, Monday & Friday
Spanish	Beginner with Mila	36-Hour, 3 months, Presentation date: 1 December	4—5:30pm Monday & Wednesday
	Intermediate with Joana	8-Hour Monthly, Starts 6 January	3:30—5pm, Tuesday
German	Beginner with Alex	36-Hour, 3 months, Started 28 November	4—5:30pm, Tuesday & Friday

Courses: See details here

- <https://aurovillelanguagelab.org/current-schedule/>

Private one-on-one classes possible for all languages; please inquire. [Language Lab Brochure](#)

A talk on the Benefits of Correct Salt Intake

Curious about how salt supports the body's natural balance? Join Mila for an eye-opening one-hour session exploring why salt matters—from regulating the body's electrical systems and boosting energy to supporting weight balance and long-term wellbeing.

- **Saturday, 24 January, 4—5pm @ Auroville LLab**
- Free entry, voluntary contributions welcome
- Limited to 25 participants, registration suggested for priority entry: info@aurovillelanguagelab.org
- www.aurovillelanguagelab.org/workshop-registration/ +91 413 2623661/ +91 9843030355 WA

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- For language-related matters: +91 9843030355WA.
- For Tomatis: please use 0413 3509932.

Mita, Mano, Louis & Enzo
for Language Lab

AUROVILLE CONVIVIAL: LIVE TALKS

(An Auroville Timelines Project)

- **Date:** Auroville Week (21—28 Feb 2026)
- **Organizer:** Auroville Film Institute
- **Platform:** Online (Live via Google Meet)

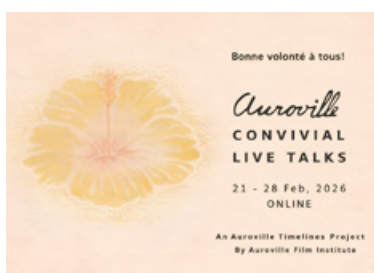


Global Slots:

Region	Slot 1 (Afternoon)	Slot 2 (Evening)
India (IST)	3—5pm	6—9pm
Europe (CET)	10:30am—12:30pm	1:30—4:30pm
UK (GMT)	9:30—11:30am	12:30—3:30pm
USA (EST)	4:30—6:30am	7:30—10:30am
USA (PST)	1:30—3:30am	4:30—7:30am

***Note:** All sessions will be recorded for archival and publication purposes.

Overview: After nearly six decades of experimentation, Auroville continues to be a place where people from different parts of the world come together to live, work, question, and imagine shared ways of being. Today, as the world faces ecological fragility, deepening social divisions, and uncertainty about collective futures, the questions that built Auroville's first huts towards the birth of a new consciousness have never felt more urgent.



Auroville Convivial is a week-long international gathering. It is an invitation to step into a shared, live space to speak about and around Auroville. We will reopen dialogue on how this experiment engages with the wounds of the world and its own ongoing successes, setbacks, and possibilities. What is Conviviality? It is the art of living together with our differences. It is a practice that allows openness, disagreement, care, and complexity to sit at the same table. It is about how we stay "together" in a world that often tries to pull us apart.

The aim is to build an archive of prismatic understanding, allowing a global audience to encounter Auroville through its many layers and possibilities.

Format and Structure: To capture the "prismatic" nature of Auroville, the gathering is organized into two complementary streams of inquiry. Both feature keynote speakers followed by open, moderated sharing.

- **Perspectives:** (For scholars, friends, and long-term associates.) Auroville belongs to humanity as a whole. This stream looks at Auroville through the lens of history, philosophy, and global trends. How does the "City of Dawn" speak to the limits of the nation-state or the future of our planet?
- **Reflections:** (For Aurovilians and practitioners.) This stream centers on the "everyday" and personal narrative. What does it feel like to inhabit this dream? Here, we share the successes, the setbacks, and the ongoing participation that keeps the experiment alive on the ground.

Key Lines of Inquiry:

- **Lived Experience:** What has Auroville meant to those who have inhabited, worked with, or been inspired by it?
- **Evolution:** How has the experiment in human unity evolved over time, in practice as well as in understanding?
- **Global Relevance:** How does the Auroville model interact with current world issues like ecological fragility, migration, and cultural fragmentation?

- **The Unfinished Work:** What can be learned from Auroville's tensions and unfinished work, both internally and in relation to the world?
- **Future Aspiration:** How might the original aspiration of Auroville speak to the future?

Participants:

- Aurovilians from different generations
- Friends and long-term associates of Auroville
- Scholars and public figures engaged with Sri Aurobindo, The Mother, and related fields
- Cultural practitioners, educators, and researchers connected to the Auroville experiment

On Anonymity: We recognize that some may wish to share critical or personal reflections without going public. Participation under a pseudonym is fully supported. We respect the need for privacy and will ensure that those who wish to remain anonymous can do so within the archive.

Outcome: Auroville Convivial aims to create a living archive of voices and ideas that reflect the richness and complexity of Auroville. Rather than producing resolutions or declarations, this gathering seeks to renew dialogue, restore curiosity, and contribute to broader conversations about human unity and planetary futures, grounded in both outward engagement and inward awareness.

- [To Register fill the form](#)

Rrivu, project executive

THE FRENCH PAVILION PRESENTS

Auroville, Story of a Utopia

Saturday, 17 January, 4:30pm

@ MMC Auditorium Cinéma Paradiso, Town Hall

in French subtitled in English, 90min

Reference Documentary by Nicole Avril and J.P. Elkabbach made in 1973

Mother was still in her body when the documentary was made. Few western journalists are interested in the project of Auroville in the seventies; but one of them, Jean-Pierre Elkabbach, came to investigate for "Antenne 2" in 1972. His documentary of 118 minutes reveal Auroville as it was at this time: several houses rising from the red desert, schools like Last School, the Pyramid or so called "yogurt pots" and of course the Matrimandir under construction. The documentary includes also precious interviews, and among them Roger Anger and Kireet Joshi but also those from Aurovilians like Ruud, Jean P., Vincenzo, Rod H., and many others. An exceptional documentary to discover or rediscover Auroville...

Marie for the French Pavilion

NEW MOON MOVIE

Saturday, 17 January, 5pm @ Multimedia room

Ai Weiwei—Never Sorry by Alison Klayman, 2012

91min, original version with English subtitles

First-time director Alison Klayman gained unprecedented access to the charismatic artist, as well as his family and others close to him, while working as a journalist in Beijing. In the years she filmed, government authorities shut down Ai's blog, beat him up, bulldozed his newly built studio, and held him in secret detention; while Time Magazine named him a runner-up for 2011's Person of the Year. This compelling documentary is the inside story of a passionate dissident for the digital age who inspires global audiences and blurs the boundaries of art and politics.



Submitted by Marco



CINEMA PARADISO
@ Multimedia Center (MMC) Auditorium, Auroville
Film Program 12—18 January

Cinema Paradiso—Multimedia Center is open to the community. Entry begins 15 minutes before showtime and closes once the film starts—please arrive on time. Kindly refrain from running in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

Indian—Monday, 12 January, 8pm

Court: State Vs. A Nobody

India, 2025, Writer-Dir. Ram Jagdeesh w/ Rohini, Priyadarshini Pulikonda, Harsh Roshan, and others, Drama, 155mins, Telugu w/ English subtitles, Rated: U/A (PG-13)

Chandu, an earnest adolescent, and Jabilli, a spirited minor from an influential family, find their bond tested when circumstances thrust them into the courtroom. Influenced by several real-time events, the story reveals how prejudice and power weigh against them, while a determined lawyer fights to uncover truth, making their struggle a gripping tale of justice and resilience.

Potpourri—Tuesday, 13 January, 8pm

The Sting

USA, 1973, Dir. George Roy Hill w/ Paul Newman, Robert Redford, Robert Shaw, and others, Comedy-Crime, 129mins, English w/ English subtitles, Rated: PG

When small-time hustler Johnny Hooker loses his mentor to mobster Doyle Lonnegan, he joins seasoned conman Henry Gondorff. Together, they orchestrate a dazzlingly intricate sting, weaving deception, poker, and fake betting parlors into a high-stakes revenge that keeps audiences guessing until the final reveal. *A much acclaimed and awarded film, a classic.*

Selection—Wednesday, 14 January, 8pm

Vanskabte Land (Godland)

Denmark-Iceland-France-Sweden, 2022, Writer-Dir. Hlynur Pálmason w/ Elliott Crosset Hove, Ingvar Sigurdsson Vic, Drama, 153mins, Danish-Icelandic w/English subtitles, Rated: NR

Faith meets wilderness, and the land decides who survives. Lucas, a Danish priest, sets out with Ragnar across unforgiving Icelandic terrain to establish a parish. As storms, silence, and suspicion mount, his faith falters, his humanity erodes, and his mission transforms into a haunting struggle. An acclaimed tale winning multiple international awards.

Interesting—Thursday, 15 January, 8pm

Ce N'est Qu'un Au Revoir (So Long)

France, 2024, Dir. Guillaume Brac, Documentary, 63 mins, French w/ English subtitles, Rated: NR (PG)

This film is being brought to you in collaboration with Alliance-Française. Aurere, Nours, Jeanne, Diane, Louison, and their friends savor final swims, parties, and late-night talks in the Drôme before graduation. As dreadlocks are cut and dorm rooms emptied, their youthful bonds confront the inevitability of change—capturing the fragile beauty of farewell in a poignant, coming-of-age film.

**Your generous support to help sustain
and grow this community space.
Every Contribution Counts!**

International Film—Saturday, 17 January, 8pm

Vlny (Waves)

Czech Republic-Slovakia, 2024, Writer-Dir. Jirí Mádrl w/ Vojtech Vodochodský, Ondrej Stupka, Tatiana Pauhofová, and others, History-Drama, 131mins, Czech w/ English subtitles, Rated: NR (PG-13)

Tomáš Havlík, a reluctant technician, and his younger brother Pája, a fiery student protester, are drawn into the storm of 1968 Prague. As Soviet tanks advance, Czechoslovak Radio becomes their battleground—where truth, loyalty, and survival collide in a gripping tale that earned international acclaim and many awards.

Children's Matinee—Sunday, 18 January, 4pm

Over the Hedge

USA, 2006, Dir. Tim Johnson & Karey Kirkpatrick w/ Bruce Willis, Garry Shandling, Steve Carell, and others, Animation-Adventure, 83mins, English w/ English subtitles, Rated: PG

RJ the raccoon tricks cautious turtle Verne and his woodland pals, including Hammy the squirrel and Stella the skunk, into raiding human homes for food. Their hilarious misadventures across the hedge lead to wild chases, clever teamwork, and a big lesson about friendship and family that keeps kids laughing. The neighborhood's never been this wild!

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 18 January, 8pm

Notorious

USA, 1946, Dir. Alfred Hitchcock w/ Cary Grant, Ingrid Bergman, and Others, Thriller-Drama, 92 mins, English-English w/ English subtitles, Rated: PG

In order to help bring Nazis to justice, U.S. government agent T.R. Devlin recruits Alicia Huberman, the American daughter of a convicted German war criminal, as a spy. As they begin to fall for one another, Alicia is instructed to win the affections of Alexander Sebastian, a Nazi hiding out in Brazil. When Sebastian becomes serious about his relationship with Alicia, the stakes get higher, and Devlin must watch her slip further undercover.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us: mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at mmcauditorium@auroville.org.in to.

Thanking You, MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in
Submitted by Nina

ECO FILM CLUB: Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 16 January

Running for Good:

The Fiona Oakes Documentary



2018, 50 mins, Keegan Kuhn

An incredible documentary following the vegan runner and ultra athlete, Fiona Oakes. Despite being told she might never walk again as a child, Fiona went on to smash multiple world records, including the fastest women to run a marathon on every continent.

Aviram



Be Part of The Story: Support

Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Community cinemas worldwide thrive on support from their audiences. At Cinema Paradiso, our core funding now covers only basic maintenance. We handle everything else ourselves, from fuel to upgrades. Since COVID, operational budgets dried up, costs rose, and fewer events mean less income. Generator expenses once covered outside the budget now fall on us.

To cover ongoing expenses, we set a goal of 8 Auroville units. We now have FOUR units contributing ₹3,000/month each, and we are grateful for their support. We now invite FOUR more units to join them. Individuals and film lovers are also welcome to contribute as well. Every bit of support helps.

Indian nationals and unit holders in Auroville (from any nation) can donate by setting up recurring or one-time contributions via the Unity Fund at our Financial Service. This ensures your support goes straight to MMC – Cinema Paradiso (FS Account #105106). Direct payments to our FS Account are not considered donations and will incur 18% GST for us. However, if that works better for you, please go ahead. Non-Indian nationals (from within Auroville or elsewhere) are welcome to contribute by contacting AV Unity Fund at Financial Service for guidance.

Your contribution helps keep screenings alive and strengthens community spirit. Be part of the story.

Thanking you
MMC-CP Team

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55